# ALS

# Advanced Life Support Patient Care Standards

Version 3.4 Comes into force on February 1, 2017

Emergency Health Services Branch Ministry of Health and Long-Term Care



To a	all u	sers	of	this	pub.	licat	ion:

The information contained herein has been carefully compiled and is believed to be accurate at date of publication.

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#### ADVANCED LIFE SUPPORT PATIENT CARE STANDARDS

#### **ACKNOWLEDGEMENTS**

The development of this edition of the Advanced Life Support Patient Care Standards is the result of a collaborative effort of a number of stakeholders including:

Association of Paramedic Chiefs (OAPC)

Ontario Base Hospital Group (OBHG)

Ministry of Health and Long Term Care – Emergency Health Services Branch (MOHLTC EHSB)

**EHSB Medical Advisory Committee (MAC)** 

In particular, the Ministry would like to gratefully acknowledge the following members of the MAC and Regional Base Hospitals (RBH) who provided the medical input into these standards:

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#### **LEVELS OF PARAMEDICS**

In Ontario, there are three occupational levels of paramedics: Primary Care Paramedic (PCP), Advanced Care Paramedic (ACP), and Critical Care Paramedic (CCP). A level of paramedic is specified in Ontario Regulation 257/00 made under the *Ambulance Act*, RSO 1990, c A-19. Schedules 1, 2 and 3 to this regulation specify the mandatory controlled acts for each level of paramedic.

A paramedic may be authorized by a Medical Director of a RBH to perform controlled acts from the Schedule immediately above their prime occupational level. In this circumstance, the paramedic will perform the skill to the specific standard set for the skill. This general concept also applies to the performance of all advanced medical procedures that are not listed as controlled acts in Schedules 1, 2 and 3, but which are also specified in these standards.

#### **PURPOSE OF STANDARDS**

The purpose of the Advanced Life Support Patient Care Standards (ALS PCS) is to guide the specifics of patient care that are to be undertaken consistent with the scope of practice of the three occupational levels of paramedics.

#### The ALS PCS:

- Reflects current practices for paramedics in Ontario and provides benchmarks for paramedic performance.
- Communicates the standards of practice and care by paramedics in Ontario to paramedics, patients, other disciplines and the public in general.
- Delineates paramedic professional responsibilities and accountabilities.
- Provides a basis for evaluation of patient care practice by Ontario's paramedics.
- Recognizes that the scope of practice for each occupational level of paramedic may have incremental add-ons, with appropriate rationale and accountability.

#### Summary

ALS PCS for the three occupational levels of paramedics in Ontario establish the practice and patient care parameters needed to provide high quality patient care in the varied settings throughout the province. The standards are designed to be dynamic, in order to allow for changes based upon new medical evidence and/or standards of medical practice.

#### FORMAT OF THE ADVANCED LIFE SUPPORT PATIENT CARE STANDARDS

This document is comprised of an Introduction section and six (6) appendices: Appendix 1 – PCP Core Medical Directives; Appendix 2 – ACP Core Medical Directives; Appendix 3 – PCP Auxiliary Medical Directives; Appendix 4 – ACP Auxiliary Medical Directives; Appendix 5 – Chemical Exposure Medical Directives; and Appendix 6 – Certification Standard. Critical Care Paramedics and Advanced/Primary Care Flight Paramedics will perform controlled acts in accordance with the Base Hospital Medical Directives issued by the Ornge Base Hospital Physician.

#### **USE OF THE MEDICAL DIRECTIVES BY PARAMEDICS**

These Medical Directives apply to paramedics who provide patient care under the license and/or authority of the RBH Medical Director. Delegation of controlled acts or Medical Directives in the ALS PCS to paramedics falls under the exclusive oversight of the MOHLTC's RBH Programs.

The Medical Directives are designed to guide a paramedic in the provision of timely and appropriate care to ill and injured patients in the prehospital setting, in accordance with the paramedics' training and authorized skill set. While great care has been taken in developing these Medical Directives, they cannot account for every clinical situation. Thus, they are not a substitute for sound clinical judgment.

#### REGIONAL BASE HOSPITAL COMPLIANCE WITH CPSO POLICY

As licensed physicians in the Province of Ontario, the RBH Medical Directors must comply with the policies of the College of Physicians and Surgeons of Ontario (CPSO). The Delegation of Controlled Acts CPSO policy, as may be amended from time to time, provides direction to Ontario physicians on the delegation of controlled acts, regardless of practice setting or type. RBHs will also follow a parallel process for delegation of other advanced medical procedures included in these Standards.

#### **GENERAL STRUCTURE OF A MEDICAL DIRECTIVE**

All Medical Directives follow the same format and are comprised of the following sections:

**Indication**: The general medical complaint or problem to which the medical directive applies.

**Conditions**: Clinical parameters that must be present for a procedure to be performed or for a

drug to be administered.

**Contraindications**: Clinical parameters that if present, preclude the performance of a procedure or

the administration of a drug.

**Treatment**: Description of the type of procedure to be performed or the dosing of a drug.

Clinical Considerations: Key clinical points that provide general guidance to the proper performance of a

procedure or the administration of a drug.

All of these sections must be taken into account before and during the implementation of a Medical Directive.

#### ALS PATIENT CARE STANDARDS PARAMEDIC SKILL SET

The mandatory skill set for each level of paramedic is derived from the controlled acts outlined in Schedules 1, 2, and 3 (as referenced above) and is implemented through the PCP and ACP Medical Directives. A paramedic must meet all applicable requirements set out in Regulation 257/00 to receive delegation from a RBH Medical Director.

Additional ("Auxiliary") skills may be delegated though use of the Auxiliary Medical Directives. Delegation of Auxiliary Medical Directives by a RBH Medical Director to paramedics is optional and may be introduced after consultation and mutual agreement between the RBH and the certified ambulance service operator that employs the paramedic. Some PCP and ACP Medical Directives contain the phrase, "(if available)". This phrase qualifies the skill or procedure as optional (i.e. auxiliary) even if included in PCP or ACP Medical Directives.

#### CONSENT TO TREATMENT & CAPACITY ASSESSMENT

Except in emergency circumstances described below, paramedics must obtain the patient's consent prior to initiating treatment. Consent may be informed or implied. Informed consent may be either verbal or written. Implied consent may be assumed where a person provides a physical indication that they consent to the treatment. For example, a patient who cannot speak but extends his hand to a paramedic after the paramedic indicates she is going to perform a simple procedure, such as a blood glucose determination may be giving implied consent to the procedure.

The elements required for consent to treatment are:

- consent must be given by a person who is capable of giving consent with respect to treatment,
- consent must relate to the treatment,
- consent must be informed,
- consent must be given voluntarily, and
- consent must not be obtained through misrepresentation or fraud.

Consent to treatment is informed if, before it is given to the person, he or she has:

- received the following information that a reasonable person in the same circumstances would require in order to make a decision about the treatment:
  - the nature of the treatment,
  - the expected benefits of the treatment,
  - the material risks of the treatment,
  - the material side effects of the treatment,
  - alternative courses of action,
  - the likely consequences of not having the treatment; and
- received responses to his or her requests for additional information about those matters.

The paramedic who proposes a treatment to a person shall ensure that consent is obtained. Valid consent requires that a person has the capacity to provide consent. A person is presumed to have the capacity to provide consent with respect to treatment and a paramedic may rely on that presumption. However, a capacity assessment may be required if it is not reasonable in the circumstances to presume the person is capable of consenting to the treatment.

A patient is capable with respect to treatment if the patient is:

- Able to understand the information that is relevant to making a decision about the treatment or alternatives being proposed; and
- Able to appreciate the reasonably foreseeable consequences of a decision or lack of decision with respect to treatment.

If a paramedic is aware or is made aware that the person has a prior capable wish with respect to treatment, they must respect that wish (for example, if the person does not wish to be resuscitated).

If a person is incapable with respect to a treatment, consent may be given or refused on his or her behalf by a person who is authorized to do so under section 20 of the *Health Care Consent Act, 1996*.

In some instances, a person may present in an emergency situation where the person for whom the treatment is proposed is apparently experiencing severe suffering or is at risk, if the treatment is not administered promptly, of sustaining serious bodily harm.

A paramedic may administer treatment to a person without consent in an emergency situation, if there is no other authorized person available to give or refuse consent and, in the opinion of the paramedic:

- the person is not capable of giving a consent or refusal to treatment; and
- the delay required to obtain a consent or refusal on the person's behalf will prolong the suffering that the person is apparently experiencing or will put the person at risk of sustaining serious bodily harm.

#### REFUSAL OF TREATMENT

If a patient refuses treatment, either in whole or in part, a paramedic must comply with the applicable directions contained in the Basic Life Support Patient Care Standards (BLS PCS), Section 1, Part I, Patient Refusal of Treatment and/or Transport.

#### **COMPREHENSIVE CARE**

While initiating and continuing treatment prescribed by these Medical Directives, a paramedic must ensure that the patient simultaneously receives care in accordance with the BLS PCS.

It is acknowledged that there may be circumstances and situations where complying with ALS PCS is not clinically justified, possible, or prudent (e.g. multiple crews on scene, trapped patient, extenuating circumstances, competing patient care priorities). When treatment deviates from the standards, a paramedic must document the care provided, including reasoning for deviating from the Standards.

# INTRAVENOUS ("IV") ACCESS AND THERAPY BY PRIMARY CARE PARAMEDICS

Two levels of certification of PCPs for IV cannulation and therapy are possible.

"PCP Assist IV" authorizes a PCP to cannulate a peripheral IV at the request and under the direct supervision of an ACP. The patient must require a peripheral IV in accordance with the indications listed in the Intravenous Access and Fluid Therapy Medical Directive - Auxiliary. The ACP will perform all IV therapy in accordance with the Intravenous Access and Fluid Administration Protocol once intravenous access is obtained. PCPs certified in PCP Assist IV are not authorized to administer IV therapy.

"PCP Autonomous IV" authorizes a PCP to independently cannulate an IV according to the Intravenous Access and Fluid Therapy Medical Directive – Auxiliary. PCPs certified in PCP Autonomous IV are authorized to administer IV therapy according to applicable Medical Directives.

Certification at each level shall meet the requirements established by the provincial Medical Advisory Committee.

#### HOME MEDICAL TECHNOLOGY AND NOVEL MEDICATIONS

As community care advances, new home medical technologies and novel medications are being introduced for home use by highly trained patients and caregivers. They are generally used by patients with complex medical histories who may require emergent interventions which are not described in, or aligned with, the BLS PCS or ALS PCS.

A "home medical technology" is an external or internal mechanical device prescribed by a member of a regulated health profession for the purpose of treating a medical condition.

A "novel medication" is a self/caregiver-administered medication prescribed by a member of a regulated health profession that is required to treat patients with generally rare and unusually complex chronic medical conditions which are often end stage. The medication may be self/caregiver-administered by any route into any part of the body.

These can be encountered unexpectedly by paramedics without any prior knowledge that these technologies or medications are being used in the community. Paramedics may not be familiar with the use of these technologies or medications, even though they may be required to provide care.

In some cases, when Base Hospital Medical Directors are alerted to these devices, medications or care requirements, a local medical directive may be issued to guide specific care for these patients. Such directives should be followed until further consideration by the Medical Advisory Committee.

A paramedic may assume patients or caregivers have knowledge about the technology or medication if they confirm that they were trained in its use and/or administration. A paramedic should advise the patient or caregiver to follow any specific steps or provide any advice about restarting/stopping the device or novel medication. A paramedic may only assist a patient within the authorized paramedic skill set.

When care requirements are uncertain, but the patient is stable, transport the patient. If the patient is unstable, consider patching to the Base Hospital Physician. Alternatively, consider contacting the responsible member of a regulated health profession.

A paramedic may follow written advice provided by their Base Hospital Medical Directors even if this advice is outside the conditions and contraindications of the BLS PCS and ALS PCS.

#### **PATCHING**

A paramedic should patch to the Base Hospital:

• When a medical directive contains a mandatory provincial patch point;

OR

When a RBH introduces a mandatory BH patch point;

OR

• For situations that fall outside of these Medical Directives where the paramedic believes the patient may benefit from online medical direction that falls within the prescribed paramedic scope of practice;

OR

When there is uncertainty about the appropriateness of a medical directive, either in whole or in part.

In cases where a treatment option requires the prior authorization by the BHP (i.e. mandatory provincial patch point or mandatory BH patch point) AND the BHP cannot be reached despite reasonable attempts by the paramedic to establish contact, a paramedic may initiate the required treatment without the requisite online authorization if the patient is in severe distress and, in the paramedic's opinion, the medical directive would otherwise apply. Clinical judgment must be applied and an acceptable standard of care must be met. This may be based on peer and expert review. In such cases, a paramedic should continue attempts to contact the BHP after the treatment has been initiated. All patch failures must be reported in a timely manner in accordance with local policy and procedures. Paramedics should document the attempts to patch to the BH on the Ambulance Call Report (ACR).

If a BHP directs a paramedic to perform an assessment or intervention that exceeds the paramedic's scope of practice, the paramedic must advise the BHP of such and notify the physician that he or she cannot comply with the direction as it exceeds his or her scope of practice. In such cases, a paramedic should ask the BHP to provide alternative direction.

#### **INCIDENT REPORTING**

Paramedics shall adhere to their ambulance service policies and the Ontario Ambulance Documentation Standards (incorporated by reference in Regulation 257/00) for incident reporting. Paramedics shall also adhere to additional RBH policies regarding reporting of clinical care incidents to the RBH.

#### **CONTROLLED SUBSTANCES**

Where applicable, paramedics and ambulance service operators shall comply with the Canada *Controlled Drug* and *Substances Act*, SC 1996, c 19 and its Regulations, in accordance with the ambulance operator and RBH policy. This shall include that controlled substances (opiates and benzodiazepines) are stored in different carrying cases than other medications.

#### **RESPONSIBILITY FOR CARE**

While on scene, the highest level paramedic shall assess the patient and make a decision on the level of care required, and on the level of paramedic required for the care of the patient. The highest level paramedic is the ultimate patient care authority on the scene. If there is any disagreement between paramedics, the Base Hospital physician may be contacted. It is expected that when an intervention has been performed, the paramedic most appropriate for that intervention will remain responsible for the patient.

In all patient care, the highest level of paramedic is responsible for the care of the patient, including decisions on the level of care required during transport. A paramedic may choose to assign aspects of care and procedures to an alternate level paramedic, as long as the care and procedures are within that paramedic's scope of practice. Paramedics must alert the highest level paramedic of any change of patient status.

When transferring care from one level of paramedic to another, paramedics shall provide:

- current CTAS level;
- a history of the patient's current problem(s) and relevant past medical history;
- pertinent physical findings;
- a summary of management at scene/enroute;
- the patient's response to treatment, including most recent vital signs;

the reason for transfer in cases of inter-facility transfers.

The transfer of responsibility of patient care is a critical juncture along the clinical care continuum. When transferring patient care to another health care provider (e.g. nurse, physician, etc.), a paramedic must comply with the BLS PCS regarding such transfers.

#### **RESEARCH**

Clinical research is fundamental to the practice of medicine and the development of safer, more effective treatment options for patients. At times, research protocols require temporary changes to patient care standards. In recognition of the importance of prehospital clinical research, RBH Medical Directors may delegate changes in patient care standards to paramedics if the research-related treatment is endorsed by MAC–OBHG and the certified ambulance operator that employs the paramedics, approved by MOHLTC, and is supported by an appropriate research ethics review board. Changes to patient care standards will be introduced as an auxiliary medical directive. Upon completion of a prehospital clinical trial, research-related treatment must be halted and care as prescribed by BLS PCS and ALS PCS must resume.

#### CONVENTIONS

"Conventions" refers to a consistent application of terms throughout the Medical Directives based on definitions below.

The word 'consider' is used repeatedly throughout the Medical Directives. Where this word appears, it indicates that a paramedic should initiate the treatment unless there is strong clinical rationale to withhold it. A paramedic must document his or her justification for withholding treatment on the ACR.

#### **MEDICATION DOSES AND ADMINISTRATION**

Medication doses may be either in per kilogram or fixed doses, depending on common clinical practice. The number of recommended medication doses may be administered regardless of any previous self-administration by a patient. When more than one route of medication administration is listed, the order of preference for route of administration is from left to right. Clinical circumstances for each case should determine the final route chosen.

Pediatric medication doses can vary slightly according to the source of expert opinion. The pediatric medication doses in the ALS PCS are the preferred doses. However, medication doses as determined by an up-to-date version of a widely accepted pediatric emergency tape (e.g. Broselow Tape) are an acceptable alternative. Use of a pediatric emergency tape shall be documented on the ACR when it is used to determine a pediatric medication dose.

#### **AGE AND VITAL SIGNS**

The general age cut off between adults and pediatrics is 18 years. There is a wide range of "normal" for vital signs in adults and especially pediatrics. As much as possible, ages for pediatrics and cut off points for vital signs have been kept consistent throughout the Medical Directives. However, clinical research and expert opinion have resulted in a number of exceptions which in each case has been deliberately chosen and is clearly noted in each Medical Directive. There is a deliberate gap in the definition of normotension and hypotension in adults.

#### **ADULTS**

Normotension - SBP ≥100mmHg

Hypotension - SBP <90 mmHg

**Heart rate:** Heart rate is always in beats per minute according to a cardiac monitor when it is applied. In situations where a cardiac monitor is not indicated then the heart rate is equal to the pulse rate.

Bradycardia - <50 BPM

Tachycardia - ≥100 BPM

Tachypnea - RR ≥28 breath/min

#### **PEDIATRICS**

Age	Respiratory Rate	Heart Rate
0-3 months	30-60	90-180
3-6 months	30-60	80-160
6-12 months	25-45	80-140
1-3 yr	20-30	75-130
6 yr	16-24	70-110
10 yr	14-20	60-90

Normotension – SBP ≥90 mmHg + (2 x age in years)

**Hypotension -** SBP < 70 mmHg + (2 x age in years)

Weight (kg) =  $(age \times 2) + 10$ 

#### **HYPOGLYCEMIA**:

Age ≥2 years: glucometry <4.0 mmol/L Age <2 years: glucometry <3.0 mmol/L

# LOA (Level of Awareness):

The word 'altered' refers to a GCS that is less than normal for the patient.

The word 'unaltered' refers to a GCS that is normal for the patient. This may be a GCS <15.

#### LIST OF ABBREVIATIONS

The following abbreviations, in alphabetical order, appear in the Advanced Life Support Patient Care Standards:

#### <u>A</u>

ACP Advanced Care Paramedic
ALS Advanced Life Support

ALS PCS Advanced Life Support Patient Care Standards

ASA acetylsalicylic acid AV atrioventricular

<u>B</u>

BH Base Hospital

BHP Base Hospital Physician
BLS Basic Life Support
BP blood pressure
BPM beats per minute
BVM bag-valve-mask

<u>C</u>

CCP Critical Care Paramedic

COPD chronic obstructive pulmonary disease

cm centimeter

CPAP continuous positive airway pressure
CPR Cardiopulmonary Resuscitation

CPSO College of Physicians and Surgeons of Ontario

CTAS Canadian Triage and Acuity Scale

CVA cerebral vascular accident CVAD central venous access device

D

DKA diabetic ketoacidosis

<u>E</u>

ECD electronic control device

ECG electrocardiogram

EDD esophageal detection device ETCO<sub>2</sub> end tidal carbon dioxide ETT endotracheal tube

<u>F</u>

FiO<sub>2</sub> fraction of inspired oxygen FRI febrile respiratory infection <u>G</u>

g gram

GCS Glasgow Coma Scale

<u>H</u>

 $H_2O$  water HR heart rate Hx history

Ī

IM intramuscular IN intranasal IO intraosseous IV intravenous

<u>K</u>

kg kilogram

<u>L</u>

LOA level of awareness

LOC level of consciousness/loss of consciousness

<u>M</u>

MAC Medical Advisory Committee

mcg microgram

MDI metered dose inhaler

mg milligram minute

ml/kg milliliter per kilogram mmHg millimeters of mercury

MOHLTC Ministry of Health and Long-Term Care

N

N/A not applicable NaCl sodium chloride

nare nostril NEB nebulized

NPA nasopharyngeal airway

NSAID non-steroidal anti-inflammatory drug

<u>O</u>

OBHG Ontario Base Hospital Group

OPA oropharyngeal airway

<u>P</u>

PCP Primary Care Paramedic

PO by mouth/oral PRN as needed

Q

q every

<u>R</u>

RBH Regional Base Hospital

ROSC return of spontaneous circulation

RR respiratory rate

<u>S</u>

SC subcutaneous SL sublingual

SBP systolic blood pressure

SpO<sub>2</sub> saturation of peripheral oxygen

STEMI ST-segment elevation myocardial infarction

I

TBI traumatic brain injury
TCA tricyclic antidepressant
TCP transcutaneous pacing

<u>U</u>

URTI upper respiratory tract infection

<u>V</u>

VSA vital signs absent

W

WNL within normal limits

#### REFERENCE AND EDUCATIONAL NOTES

The RBHs have created a companion document of reference and educational notes intended to assist paramedics in implementing these Medical Directives. This will facilitate regular updating of these notes without having to issue frequent changes to the standards. It is expected that paramedics have mastered the relevant information as part of initial training and certification and have maintained their knowledge through continuing education and self-study. The reference and educational notes do not define a standard of care; however, they should be considered useful in ensuring that an appropriate standard of care is met.

# **Advanced Life Support Patient Care Standards**

Version 3.4

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# Appendix 1

Primary Care Paramedic Core Medical Directives

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#### MEDICAL CARDIAC ARREST MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Non-traumatic cardiac arrest

#### **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

#### **Epinephrine**

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Anaphylaxis

suspected as

causative event

#### **Medical TOR**

AGE: ≥18 years

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Arrest not witnessed by EMS AND No

**ROSC AND** No shocks delivered

#### **CONTRAINDICATIONS**

#### **CPR**

Obviously dead as per BLS Standards

Meet conditions of DNR Standard

#### **AED Defibrillation**

Non-shockable rhythm

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **Epinephrine**

Allergy or sensitivity to epinephrine

#### **Medical TOR**

Arrest thought to be of non-cardiac origin

#### **TREATMENT**

Consider CPR

#### Consider AED defibrillation:

	A	Age	
	≥30 days to <8 years		≥8 years
	With Ped	Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
Dosing interval	2 min.	2 min.	2 min.
Max. # of doses	4	4	4

Consider *Manual defibrillation:* (if certified and authorized)

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
First dose	2 J/kg	As per BH / manufacturer
Subsequent and max. dose(s)	4 J/kg	As per BH / manufacturer
Dosing interval	2 min.	2 min.
Max. # of doses	4	4

Consider *epinephrine* (only if anaphylaxis suspected as causative event):

	Weight
	N/A
	Route
	IM
	Concentration
	1:1,000
Dose	0.01 mg/kg*
Max. single dose	0.5 mg
Dosing interval	N/A
Max. # of doses	1

<sup>\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization, following the 3<sup>rd</sup> analysis, to consider Medical Termination of Resuscitation (TOR) (if applicable). If the BH patch fails, or the medical TOR does not apply, transport to the closest appropriate receiving hospital following ROSC or the 4<sup>th</sup> analysis.

#### **CLINICAL CONSIDERATIONS**

In unusual circumstances (e.g. pediatric patients or toxicological overdoses), consider initiating transport following the first rhythm analysis that does not result in a defibrillation being delivered.

A Paramedic may choose to move the patient to the ambulance prior to initiating the TOR if family is not coping well or the arrest occurred in a public place.

Follow the *Deceased Patient Standard* once TOR has been implemented.

#### TRAUMA CARDIAC ARREST MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to severe blunt or penetrating trauma

#### **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

#### **Trauma TOR**

AGE: ≥16 years

LOA: Altered

HR: 0

RR: 0

SBP: N/A

Other: No palpable pulses

No defibrillation delivered **AND** monitored HR = 0 (asystole) **OR** monitored HR >0 **AND** the closest ER ≥30 min transport

time away.

#### **CONTRAINDICATIONS**

#### **CPR**

Obviously dead as per BLS standards

Meet conditions of DNR standard

#### **AED Defibrillation**

Non-shockable rhythm

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **Trauma TOR**

Age <16 years

Shock delivered

Monitored HR >0 and closest ER <30 min away

#### **TREATMENT**

Consider CPR

#### Consider AED defibrillation:

	Age		Age
	≥30 days to <8 years		≥8 years
	With Ped	With Ped Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
Dosing interval	2 min.	2 min.	2 min.
Max. # of doses	1	1	1

#### Consider *Manual defibrillation:* (if certified and authorized)

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min.	2 min
Max. # of doses	1	1

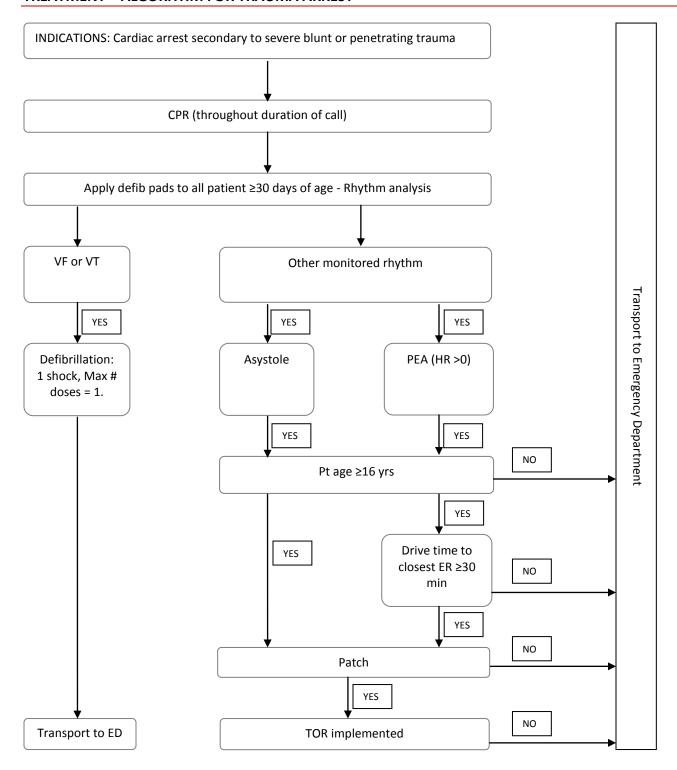
#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to apply the *Trauma (TOR) Termination of Resuscitation,* if applicable. If the BH patch fails, or the trauma TOR does not apply, transport to the closest appropriate receiving hospital following the first analysis/shock.

#### **CLINICAL CONSIDERATIONS**

If no obvious external signs of significant blunt trauma, consider medical cardiac arrest and treat according to the appropriate medical cardiac arrest directive.

#### TREATMENT - ALGORITHM FOR TRAUMA ARREST



#### HYPOTHERMIA CARDIAC ARREST MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to severe hypothermia

#### **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

#### **CONTRAINDICATIONS**

#### **CPR**

Obviously dead as per BLS standards

Meet conditions of DNR standard

#### **AED Defibrillation**

Non-shockable rhythm

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **TREATMENT**

Consider CPR

Consider AED defibrillation: (with pediatric attenuator if available)

	<b>Age</b> ≥30 days to <8 years		Age
			≥8 years
	With Ped	Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
Dosing interval	2 min.	2 min.	2 min.
Max. # of doses	1	1	1

Consider *Manual defibrillation*:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min.	2 min.
Max. # of doses	1	1

Transport to the closest appropriate facility without delay following the first analysis.

#### **CLINICAL CONSIDERATIONS**

N/A

#### FOREIGN BODY AIRWAY OBSTRUCTION CARDIAC ARREST MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to an airway obstruction

#### **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

#### **CONTRAINDICATIONS**

#### **CPR**

Obviously dead as per BLS standards

Meet conditions of DNR standard

#### **AED Defibrillation**

Non-shockable rhythm

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **TREATMENT**

Consider CPR

Consider foreign body removal: (utilizing BLS maneuvers)

# Consider AED defibrillation:

	A	Age	
	≥30 days to <8 years		≥8 years
	With Ped	With Ped Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH /	As per BH /	As per BH /
Wax. Single dose	manufacturer	manufacturer	manufacturer
Dosing interval	2 min.	2 min.	2 min.
Max. # of doses	1	1	1

# Consider *Manual defibrillation*:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min.	2 min
Max. # of doses	1	1

If the patient is in cardiac arrest following removal of the obstruction, initiate management as a medical cardiac arrest.

If the obstruction cannot be removed, transport to the closest appropriate facility without delay following the first analysis.

# **CLINICAL CONSIDERATIONS**

N/A

# **NEONATAL RESUSCITATION MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Severe cardio-respiratory distress

# **CONDITIONS**

#### Resuscitation

AGE: newborn or <30

days of age

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Less than full

term, or meconium, or

poor APGAR score

# **CONTRAINDICATIONS**

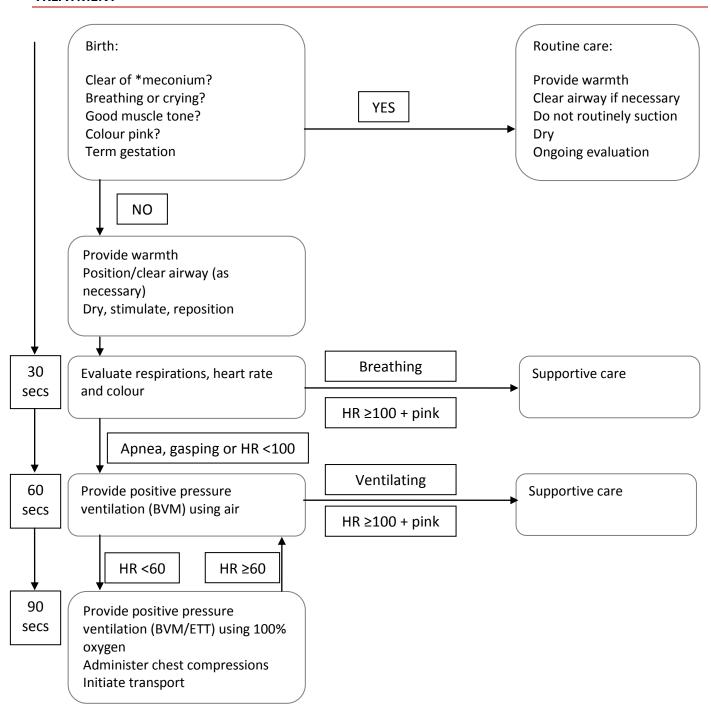
#### Resuscitation

Clear of meconium

Breathing or crying

Good muscle tone

Pink in colour



<sup>\*</sup>if meconium is present and baby not vigorous, suction mouth and pharynx and provide BVM ventilations as required and then continue with the remainder of the initial steps following birth.

# RETURN OF SPONTANEOUS CIRCULATION (ROSC) MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Patient with return of spontaneous circulation (ROSC) after the resuscitation was initiated.

# **CONDITIONS**

# 0.9% NaCl Fluid Bolus

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: Chest

auscultation is

clear

# Therapeutic hypothermia

AGE: males ≥18 years

females ≥50 years

LOA: Altered

HR: N/A

RR: N/A

SBP: ≥90 mmHg

(spontaneous or following bolus

administered)

Other: N/A

# **CONTRAINDICATIONS**

#### 0.9% NaCl Fluid Bolus

Fluid overload SBP ≥90 mmHg

# Therapeutic hypothermia

Traumatic cardiac arrest (blunt, penetrating or burn)

Sepsis or serious infection suspected as cause of arrest

Hypothermic arrest

Known coagulopathy (medical history or medications)

# **TREATMENT**

# Consider rapid transport

# Consider optimizing ventilation and oxygenation:

Titrate oxygenation ≥94%

Avoid hyperventilation and target an ETCO<sub>2</sub> of 35-40 mmHg with continuous waveform capnography (if available)

Consider 0.9% NaCl fluid bolus: (if certified and authorized)

	Age	Age
	<12 years	≥12 years
	Route	Route
	IV	IV
Infusion	10 ml/kg	10 ml/kg
Infusion interval	Immediate	Immediate
Reassess every	100 ml	250 ml
Max. volume	1,000 ml	1,000 ml

Consider 12-lead ECG acquisition	
Consider <i>Therapeutic hypothermia</i> (if available)	

# **CLINICAL CONSIDERATIONS**

The application of therapeutic hypothermia should not detract from rapid transport, optimizing ventilation and oxygenation or the management of a re-arrest.

# **CARDIAC ISCHEMIA MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Suspected cardiac ischemia

# **CONDITIONS**

# **ASA**

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: Able to chew and

swallow

# Nitroglycerin

AGE: ≥18 years

LOA: Unaltered

HR: 60-159/min

RR: N/A

SBP: Normotension

Other: Prior history of

nitroglycerin use
OR IV access
obtained

# **CONTRAINDICATIONS**

#### **ASA**

Allergy or sensitivity to ASA or NSAIDS

If asthmatic, no prior use of ASA

Current active bleeding

CVA or TBI in the previous 24 hours

# Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one-third or more of its initial value after nitroglycerin is administered

12-lead ECG compatible with Right Ventricular infarct

# **TREATMENT**

Consider **ASA**:

	Route
-	PO
Dose	160-162 mg
Max. single dose	162 mg
Dosing interval	N/A
Max. # of doses	1

Consider 12-lead ECG acquisition

# Consider *nitroglycerin*:

	SBP
	≥100 mmHg
	Route
	SL
Dose	0.3 <b>or</b> 0.4 mg
Max. single dose	0.4 mg
Dosing interval	5 min.
Max. # of doses	6

# **CLINICAL CONSIDERATIONS**

N/A

# **ACUTE CARDIOGENIC PULMONARY EDEMA MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Moderate to severe respiratory distress

# AND

Suspected acute cardiogenic pulmonary edema

# **CONDITIONS**

# Nitroglycerin

AGE: ≥18 years

LOA: N/A

HR: 60-159/min

RR: N/A

SBP: Normotension

Other: Ascertain prior

history of

nitroglycerin use **OR** establish IV

access

# **CONTRAINDICATIONS**

# Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one-third or more of its initial value after nitroglycerin is administered

# **TREATMENT**

Consider *nitroglycerin*:

	SBP	SBP ≥140 mmHg	
	100 mmHg to <140 mmHg		
	IV or Hx	IV or Hx	IV or Hx
	Yes	No	Yes
	Route	Route	Route
	SL	SL	SL
Dose	0.3 <b>or</b> 0.4 mg	0.3 <b>or</b> 0.4 mg	0.6 <b>or</b> 0.8 mg
Max. single dose	0.4 mg	0.4 mg	0.8 mg
Dosing interval	5 min.	5 min.	5 min.
Max. # of doses	6	6	6

**NOTE:** Hx refers to a patient with a prior history of nitroglycerin use.

Consider 12-lead ECG acquisition

# **CLINICAL CONSIDERATIONS**

IV condition applies only to PCPs certified to the level of PCP Autonomous IV.

# **CARDIOGENIC SHOCK MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

STEMI-positive ECG

# AND

Cardiogenic shock

# **CONDITIONS**

# 0.9% NaCl Fluid Bolus

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: Clear chest on

auscultation

# **CONTRAINDICATIONS**

0.9% NaCl Fluid Bolus

N/A

Consider 0.9% NaCl fluid bolus:

	Age
	≥18 years
	Route
	IV
Infusion	10 ml/kg
Infusion interval	N/A
Reassess every	250 ml
Max. volume	10 ml/kg

# **CLINICAL CONSIDERATIONS**

N/A

# HYPOGLYCEMIA MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Agitation OR altered LOA OR seizure OR symptoms of stroke

# **CONDITIONS**

#### **Dextrose**

AGE: ≥2 years

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Hypoglycemia

# Glucagon

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Hypoglycemia

# **CONTRAINDICATIONS**

#### **Dextrose**

Allergy or sensitivity to dextrose

# Glucagon

Allergy or sensitivity to glucagon

Pheochromocytoma

# **TREATMENT**

Perform glucometry

Consider dextrose (if certified and authorized) or glucagon:

	Medication	Medication  Glucagon  Age  N/A	
	Dextrose		
	Age		
	≥2 years		
	Weight	Weight	Weight
	N/A	<25 kg	≥25 kg
	Concentration	Concentration	Concentration
	D50W	N/A	N/A
	Route	Route	Route
	IV	IM	IM
Dose	0.5 g/kg (1 ml/kg)	0.5 mg	1 mg
Max. single dose	25 g (50 ml)	0.5 mg	1 mg
Dosing interval	10 min.	20 min.	20 min.
Max. # of doses	2	2	2

# **CLINICAL CONSIDERATIONS**

If the patient responds to dextrose or glucagon, he/she may receive oral glucose or other simple carbohydrates.

If only mild signs or symptoms are exhibited, the patient may receive oral glucose or other simple carbohydrates instead of dextrose or glucagon.

If a patient initiates an informed refusal of transport, a final set of vital signs including blood glucometry must be attempted and documented.

IV administration of dextrose applies only to PCPs certified to the level of PCP Autonomous IV.

# **BRONCHOCONSTRICTION MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Respiratory distress

#### **AND**

Suspected bronchoconstriction

# **CONDITIONS**

#### Salbutamol

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **Epinephrine**

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: BVM ventilation

required

SBP: N/A

Other: Hx of asthma

# **Epinephrine Autoinjector**

AGE: N/A

WEIGHT: ≥10 kg

LOA: N/A

HR: N/A

RR: BVM ventilation

required

SBP: N/A

Other: Hx of asthma

# **CONTRAINDICATIONS**

#### Salbutamol

Allergy or sensitivity to salbutamol

# **Epinephrine**

Allergy or sensitivity to epinephrine

# **Epinephrine Autoinjector**

Allergy or sensitivity to epinephrine

# Consider *salbutamol*:

	Weight		Weight		
	<25 kg		≥25	≥25 kg	
	Route	Route	Route	Route	
	MDI*	NEB	MDI*	NEB	
Dose	Up to 600 mcg (6 puffs)	2.5 mg	Up to 800 mcg (8 puffs)	5 mg	
Max. Single Dose	600 mcg	2.5 mg	800 mcg	5 mg	
Dosing interval	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN	
Max. # of doses	3	3	3	3	

<sup>\*1</sup> puff=100mcg

# Consider *epinephrine*:

	Weight	Weight	Weight
	N/A	≥10 kg to <25 kg	≥25 kg
	Route	Route	Route
	IM	Pediatric Autoinjector	Adult Autoinjector
	Concentration	Concentration	Concentration
	1:1,000	1:1,000	1:1,000
Dose	0.01 mg/kg**	1 injection (0.15 mg)	1 injection (0.3 mg)
Max. single dose	0.5 mg	1 injection	1 injection
Dosing interval	N/A	N/A	N/A
Max. # of doses	1	1	1

<sup>\*\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

# **CLINICAL CONSIDERATIONS**

Epinephrine should be the first medication administered if the patient is apneic. Salbutamol MDI may be administered subsequently using a BVM MDI adapter.

Nebulization is contraindicated in patients with a known or suspected fever or in the setting of a declared febrile respiratory illness outbreak by the local medical officer of health.

When administering salbutamol MDI, the rate of administration should be 100 mcg approximately every 4 breaths.

A spacer should be used when administering salbutamol MDI.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to use pediatric autoinjector for patients <10 kg.

# MODERATE TO SEVERE ALLERGIC REACTION MEDICAL DIRECTIVE

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Exposure to a probable allergen

#### **AND**

Signs and/or symptoms of a moderate to severe allergic reaction (including anaphylaxis)

# **CONDITIONS**

# **Epinephrine**

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis

only

# **Epinephrine Autoinjector**

AGE: N/A

WEIGHT: ≥10 kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis

only

# Diphenhydramine

AGE: N/A

WEIGHT: ≥25 kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### CONTRAINDICATIONS

# **Epinephrine**

Allergy or sensitivity to epinephrine

# **Epinephrine Autoinjector**

Allergy or sensitivity to epinephrine

# Diphenhydramine

Allergy or sensitivity to diphenhydramine

# Consider epinephrine:

	Weight	Weight	Weight
	N/A	≥10 kg to <25 kg	≥25 kg
	Route	Route	Route
	IM	Pediatric Autoinjector	Adult Autoinjector
	Concentration	Concentration	Concentration
	1:1,000	1:1,000	1:1,000
Dose	0.01 mg/kg*	1 injection (0.15 mg)	1 injection (0.3 mg)
Max. single dose	0.5 mg	1 injection	1 injection
Dosing interval	N/A	N/A	N/A
Max. # of doses	1	1	1

<sup>\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

Consider *diphenhydramine* (if certified and authorized):

	We	Weight		Weight	
	≥25 kg t	≥25 kg to <50 kg		≥50 kg	
	Route	Route Route		Route	
	IV	IM	IV	IM	
Dose	25 mg	25 mg	50 mg	50 mg	
Max. single dose	25 mg	25 mg	50 mg	50 mg	
Dosing interval	N/A	N/A	N/A	N/A	
Max. # of doses	1	1	1	1	

# **CLINICAL CONSIDERATIONS**

Epinephrine should be the first medication administered in anaphylaxis.

IV administration of diphenhydramine applies only to PCPs certified to the level of PCP Autonomous IV.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to use pediatric autoinjector for patients <10 kg

# **CROUP MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Severe respiratory distress

**AND** 

Stridor at rest

**AND** 

Current history of URTI

**AND** 

Barking cough **OR** recent history of a barking cough

# **CONDITIONS**

# **Epinephrine**

AGE: <8 years

LOA: N/A

HR: <200/min

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATIONS**

# **Epinephrine**

Allergy or sensitivity to epinephrine

	•	
Concider	anınaı	nnrına:
Consider	eville	uninie.

	Ag	Age	
	<1 y	≥1 year to 8 years	
	Weight	Weight	Weight
	<5 kg	≥5 kg	N/A
	Route	Route	Route
	NEB NEB		NEB
	Concentration	Concentration	Concentration
	1:1,000	1:1,000	1:1,000
Dose	0.5 mg	2.5 mg	5 mg
Max. single dose	0.5 mg	2.5 mg	5 mg
Dosing interval	N/A	N/A	N/A
Max. # of doses	1	1	1

# **CLINICAL CONSIDERATIONS**

The minimum initial volume for nebulization is 2.5 ml.

# **ADULT ANALGESIA MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Mild - Moderate Pain (Acetaminophen/Ibuprofen) OR

Mild – Severe Pain (Ketorolac)

#### **AND**

isolated hip or extremity trauma **OR** burns **OR** renal colic with prior history **OR** acute musculoskeletal back strain **OR** current history of cancer related pain.

#### **CONDITIONS**

# Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A RR: N/A

SBP: N/A

Other: When used for trauma

patients, restricted to those with isolated hip or extremity trauma

# **Ibuprofen**

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: When used for trauma

patients, restricted to those with isolated hip or

extremity trauma

#### Ketorolac

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: Normotension

Other: For isolated hip or extremity

trauma, restricted to those who are unable to tolerate oral

medications

# **CONTRAINDICATIONS**

# Acetaminophen

Acetaminophen use within previous 4 hours

Allergy or sensitivity to acetaminophen

Hx of liver disease

Active vomiting

Unable to take oral medication

# **Ibuprofen**

NSAID or Ibuprofen use within previous 6 hours

Allergy or sensitivity to ASA or NSAIDS

Patient on anticoagulation therapy

Current active bleeding

Hx of peptic ulcer disease or GI bleed

Pregnant

If asthmatic, no prior use of ASA or other NSAIDs

CVA or TBI in the previous 24 hours

Known renal impairment

Active vomiting

Unable to tolerate oral medication

#### Ketorolac

NSAID or Ibuprofen use within previous 6 hours

Allergy or sensitivity to ASA or NSAIDs

Patient on anticoagulation therapy

Current active bleeding

Hx of peptic ulcer disease or GI bleed

Pregnant

If asthmatic, no prior use of ASA or other NSAIDs

CVA or TBI in the previous 24 hours

Known renal impairment

# **TREATMENT**

# Consider *acetaminophen*:

	Route
	PO
Dose	960-1000 mg
Max. single dose	1000 mg
Dosing interval	N/A
Max. # of doses	1

# Consider *ibuprofen*:

	Route
	PO
Dose	400 mg
Max. single dose	400 mg
Dosing interval	N/A
Max. # of doses	1

nsider <i>ketorolac</i> :	
	Route
	IM/IV
Dose	10-15 mg
Max. single dose	15 mg
Dosing interval	N/A
Max. # of doses	1

# **CLINICAL CONSIDERATIONS**

Whenever possible, consider co-administration of acetaminophen and ibuprofen.

In patients with isolated hip or extremity trauma, ibuprofen and acetaminophen is preferred to ketorolac except where the patient is unable to tolerate oral medications.

If ketorolac is administered, neither acetaminophen nor ibuprofen should be administered.

Suspected renal colic patients should routinely be considered for ketorolac.

# **OPIOID TOXICITY MEDICAL DIRECTIVE**

A Primary Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Altered LOC

# **AND**

Respiratory depression

#### **AND**

Inability to adequately ventilate

#### **AND**

Suspected opioid overdose

# **CONDITIONS**

# **Naloxone**

AGE: ≥18 years

LOA: Altered

HR: N/A

RR: <10/min

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

# **Naloxone**

Allergy or sensitivity to naloxone

Uncorrected hypoglycemia

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with naloxone

# Consider *naloxone*:

	Route	Route	Route	Route
	SC	IM	IN	IV*
Dose	0.8 mg	0.8 mg	0.8 mg	Up to 0.4 mg
Max. single dose	0.8 mg	0.8 mg	0.8 mg	0.4 mg
Dosing interval	N/A	N/A	N/A	N/A
Max. # of doses	1	1	1	1

<sup>\*</sup>For the IV route, titrate naloxone only to restore the patient's respiratory status.

#### **CLINICAL CONSIDERATIONS**

IV administration of naloxone applies only to PCPs certified to the level of PCP Autonomous IV.

Naloxone may unmask alternative toxidromes in mixed overdose situations (leading to: possible seizures, hypertensive crisis, etc)

Naloxone is shorter acting then many narcotics and these patients are at high risk of having a recurrence of the narcotic effect. Therefore, every effort should be made to transport the patient to hospital for ongoing monitoring. If there is a refusal of transport initiated by the patient ensure safe monitoring by an available, reliable individual.

Combative behaviour should be anticipated following naloxone administration and paramedics should protect themselves accordingly. BVM with basic airway management and oxygenation are preferred over naloxone administration.

# Appendix 2

**Advanced Care Paramedic Core Medical Directives** 

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#### MEDICAL CARDIAC ARREST MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Non-traumatic cardiac arrest

# **CONDITIONS**

CPR

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

Alternative to manual

defibrillation

**Epinephrine** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: If anaphylaxis

suspected as

causative event,

IM route may be

used

Amiodarone

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

Lidocaine

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

where

amiodarone is not available

# 0.9% NaCl Fluid Bolus

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: PEA

Any other rhythm

where

hypovolemia is suspected

# **CONTRAINDICATIONS**

# **CPR**

Obviously dead as per BLS Standards

Meet conditions of DNR Standard

# **Epinephrine**

Allergy or sensitivity to epinephrine

#### 0.9% NaCl Fluid Bolus

Fluid overload

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **Amiodarone**

Allergy or sensitivity to amiodarone

#### **AED Defibrillation**

Non-shockable rhythm

# Lidocaine

Allergy or sensitivity to lidocaine

Use / Availability of amiodarone

Consider CPR

Consider *supraglottic airway insertion:* where more than OPA/NPA and BVM required and without interrupting CPR

# Consider *Manual defibrillation*:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
First dose	2 J/kg	As per BH / manufacturer
Subsequent and max. dose(s)	4 J/kg	As per BH / manufacturer
Dosing interval	2 min	2 min
Max. # of doses	N/A	N/A

Consider AED defibrillation: (alternative to manual defibrillation)

	A	Age	
	≥30 days t	≥30 days to <8 years	
	With Ped	With Ped Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH /	As per BH /	As per BH /
wiux. sirigie uose	manufacturer	manufacturer	manufacturer
Dosing interval	2 min	2 min	2 min
Max. # of doses	N/A	N/A	N/A

# Consider *epinephrine*:

In the event anaphylaxis is suspected as the causative event of the cardiac arrest, a single dose of 0.01 mg/kg 1:1,000 solution, to a maximum of 0.5 mg IM, may be given prior to obtaining the IV/IO.

Age	Age
≥30 days to <12 years	≥12 years

	Route		Route	
	IV / IO / CVAD	ETT	IV / IO / CVAD	ETT
Solution	1:10,000	1:1,000	1:10,000	As per BH
Dose	0.01 mg/kg*	0.1 mg/kg to a max of 2 mg	1 mg	2 mg
Min. single dose	0.1 mg	1 mg	1 mg	2 mg
Dosing interval	4 min.	4 min.	4 min.	4 min.
Max. # of doses	N/A	N/A	N/A	N/A

<sup>\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

# Consider amiodarone:

	Age	Age	
	≥30 days to <12 years	≥12 years	
	Route	Route	
	IV / IO / CVAD	IV / IO / CVAD	
Initial Dose	5 mg/kg	300 mg	
Max. initial dose	300 mg	300 mg	
Repeat dose	5 mg/kg	150 mg	
Max. repeat dose	150 mg	150 mg	
Dosing interval	4 min.	4 min.	
Max. # of doses	2	2	

Consider *lidocaine:* (if amiodarone not available)

	Age		Age	
	≥30 days to	≥30 days to 12 years		rs
	Route	Route		}
	IV / IO / CVAD	ETT	IV / IO / CVAD	ETT
Dose	1 mg/kg	2 mg/kg	1.5 mg/kg	3 mg/kg
Min. single dose	N/A	N/A	N/A	N/A
Dosing interval	4 min.	4 min.	4 min.	4 min.
Max. # of doses	2	2	2	2

# Consider 0.9% NaCl fluid bolus:

	Age	Age
	≥30 days to <12 years	≥12 years
	Route	Route
	IV / IO / CVAD	IV / IO / CVAD
Infusion	20 ml/kg	20 ml/kg
Infusion interval	Immediate	Immediate
Reassess every	100 ml	250 ml
Max. volume	20 ml/kg up to 2,000 ml	2,000 ml

Consider *intubation:* if the airway is not being adequately managed.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP following 3 rounds of epinephrine (or after  $3^{rd}$  analyses if no IV/IO/ETT access). If the BH patch fails, transport to the closest appropriate receiving hospital following the  $4^{th}$  epinephrine administration (or  $4^{th}$  analysis if no IV/IO/ETT access).

# **CLINICAL CONSIDERATIONS**

In unusual circumstances (e.g. pediatric patients or toxicological overdoses), consider initiating transport following the first rhythm analysis that does not result in a defibrillation being delivered.

The IV and IO routes of medication administration are preferred over the ETT route. However, ETT administration may be used if the IV/IO routes are delayed (e.g. >5 min.)

# TRAUMA CARDIAC ARREST MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to severe blunt or penetrating trauma

# **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

### **Trauma TOR**

AGE: ≥16 years

LOA: Altered

HR: 0

RR: 0

SBP: N/A

Other: No palpable pulses

No defibrillation delivered **AND** monitored HR =0 (asystole) **OR** monitored HR >0 **AND** the closest ER ≥30 min transport

time away.

#### **CONTRAINDICATIONS**

# **CPR**

Obviously dead as per BLS standards

Meet conditions of DNR standard

# **Manual Defibrillation**

Rhythms other than VF or pulseless VT

# **AED Defibrillation**

Non-shockable rhythm

#### **Trauma TOR**

Age <16 years

Shock delivered

Monitored HR >0 and closest ER <30 min away

# **TREATMENT**

Consider *CPR* 

# Consider *Manual defibrillation*:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min	2 min
Max. # of doses	1	1

Consider AED defibrillation: (alternative to manual defibrillation)

	Age		Age
	≥30 days t	≥30 days to <8 years	
	With Ped attenuator	Without Ped attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
Dosing interval	2 min	2 min	2 min
Max. # of doses	1	1	1

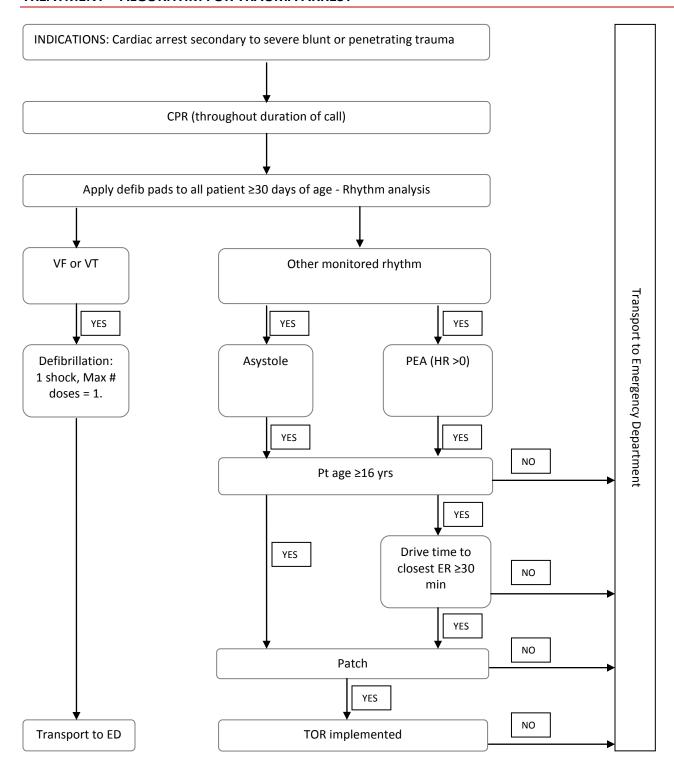
#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to apply the *Trauma (TOR) Termination of Resuscitation* if applicable. If the BH patch fails, or the trauma TOR does not apply, transport to the closest appropriate receiving hospital following the first analysis/shock.

#### **CLINICAL CONSIDERATIONS**

If no obvious external signs of significant blunt trauma, consider medical cardiac arrest and treat according to the appropriate medical cardiac arrest directive.

# TREATMENT - ALGORITHM FOR TRAUMA ARREST



# HYPOTHERMIA CARDIAC ARREST MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to severe hypothermia

# **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

# **CONTRAINDICATIONS**

#### **CPR**

Obviously dead as per BLS standards

Meet conditions of DNR standard

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

#### **AED Defibrillation**

Non-shockable rhythm

#### **TREATMENT**

Consider CPR

# Consider *Manual defibrillation*:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min	2 min
Max. # of doses	1	1

Consider AED defibrillation: (alternative to manual defibrillation)

	Age		Age	
	≥30 days t	≥30 days to <8 years		
	With Ped	Without Ped		
	attenuator	attenuator		
Dose	1 shock	1 shock	1 shock	
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer	
Dosing interval	2 min	2 min	2 min	
Max. # of doses	1	1	1	

Transport to the closest appropriate facility without delay following the first analysis.

# **CLINICAL CONSIDERATIONS**

N/A

# FOREIGN BODY AIRWAY OBSTRUCTION CARDIAC ARREST MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Cardiac arrest secondary to an airway obstruction

# **CONDITIONS**

**CPR** 

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Performed in 2

minute intervals

**Manual Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: VF or pulseless VT

**AED Defibrillation** 

AGE: ≥30 days

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Shock indicated

#### **CONTRAINDICATIONS**

# **CPR**

Obviously dead as per BLS Standards

Meet conditions of DNR Standard

#### **Manual Defibrillation**

Rhythms other than VF or pulseless VT

### **AED Defibrillation**

Non-shockable rhythm

# **TREATMENT**

Consider CPR

Consider *foreign body removal:* (utilizing BLS maneuvers and/or laryngoscope and Magill forceps)

# Consider Manual defibrillation:

	Age	Age
	≥30 days to <8 years	≥8 years
Dose	1 shock	1 shock
Initial dose	2 J/kg	As per BH / manufacturer
Dosing interval	2 min	2 min
Max. # of doses	1	1

Consider AED defibrillation: (alternative to manual defibrillation)

	Age		Age
	≥30 days t	≥30 days to <8 years	
	With Ped	Without Ped	
	attenuator	attenuator	
Dose	1 shock	1 shock	1 shock
Max. single dose	As per BH / manufacturer	As per BH / manufacturer	As per BH / manufacturer
Dosing interval	2 min	2 min	2 min
Max. # of doses	1	1	1

If the obstruction cannot be removed, transport to the closest appropriate facility without delay following the first analysis.

If the patient is in cardiac arrest following removal of the obstruction, initiate management as a medical cardiac arrest.

# **CLINICAL CONSIDERATIONS**

N/A

# **NEONATAL RESUSCITATION MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Severe cardio-respiratory distress

# **CONDITIONS**

#### Resuscitation

AGE: newborn or <30

days of age

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Less than full

term **OR** 

meconium OR

poor APGAR score

#### **CONTRAINDICATIONS**

#### Resuscitation

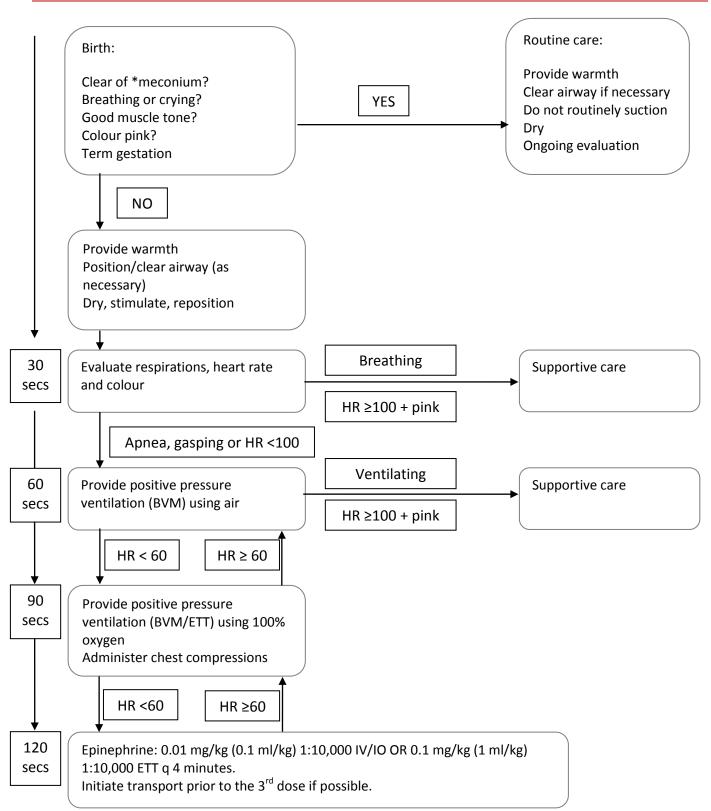
Clear of meconium

Breathing or crying

Good muscle tone

Pink in colour

#### **TREATMENT**



<sup>\*</sup>if meconium is present and baby not vigorous, suction mouth and pharynx, consider ETT and provide BVM ventilations as required and then continue with the remainder of the initial steps following birth.

# RETURN OF SPONTANEOUS CIRCULATION (ROSC) MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Patient with return of spontaneous circulation (ROSC) after the resuscitation was initiated.

# **CONDITIONS**

#### 0.9% NaCl Fluid Bolus

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: Chest

auscultation is

clear

# **Dopamine**

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: N/A

# Therapeutic hypothermia

AGE: males ≥18 years

females ≥50 years

LOA: Altered

HR: N/A

RR: N/A

SBP: ≥90 mmHg

(spontaneous, following bolus administered or with dopamine)

Other: N/A

#### **CONTRAINDICATIONS**

#### 0.9% NaCl Fluid Bolus

Fluid overload SBP ≥90 mmHg

# **Dopamine**

Allergy or sensitivity to dopamine

Tachydysrhythmias excluding sinus tachycardia

Mechanical shock states

Hypovolemia

Pheochromocytoma

# Therapeutic hypothermia

Traumatic cardiac arrest (blunt, penetrating or burn)

Sepsis or serious infection suspected as cause of arrest

Hypothermic arrest

Known coagulopathy (medical history or medications)

#### **TREATMENT**

# Consider *rapid transport*

# Consider optimizing ventilation and oxygenation:

Titrate oxygenation ≥94%

Avoid hyperventilation and target an ETCO<sub>2</sub> of 35-40 mmHg with continuous waveform capnography (if available)

# Consider 0.9% NaCl fluid bolus:

	Age	Age
	<12 years	≥12 years
	Route	Route
	IV	IV
Infusion	10 ml/kg	10 ml/kg
Infusion interval	Immediate	Immediate
Reassess every	100 ml	250 ml
Max. volume	1,000 ml	1,000 ml

# Consider dopamine:

	Route	
	IV	
Initial Infusion Rate	5 mcg/kg/min	
Titration increment	5 mcg/kg/min	
Titration interval	5 min.	
Max infusion rate	20 mcg/kg/min	

**NOTE:** Titrate dopamine to achieve a systolic BP of 90-110 mmHg. If discontinuing dopamine electively, do so gradually over 5-10 minutes.

Consider 12-lead ECG acquisition

Consider *Therapeutic hypothermia* (if available)

#### **CLINICAL CONSIDERATIONS**

The application of therapeutic hypothermia should not detract from rapid transport, optimizing ventilation and oxygenation or the management of a re-arrest.

# **CARDIAC ISCHEMIA MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Suspected cardiac ischemia

# **CONDITIONS**

**ASA** 

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: Able to chew and

swallow

Nitroglycerin

AGE: ≥18 years

LOA: Unaltered

HR: 60-159/min

RR: N/A

SBP: Normotension

Other: Prior history of

nitroglycerin use or IV access obtained

Morphine

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: Normotension

Other: N/A

#### **CONTRAINDICATIONS**

#### **ASA**

Allergy or sensitivity to ASA or NSAIDS

If asthmatic, no prior use of ASA

Current active bleeding

CVA or TBI in the previous 24 hours

# Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one third or more of its initial value after nitroglycerin is administered

12-lead ECG compatible with Right Ventricular infarct

# Morphine

Allergy or sensitivity to morphine

Injury to the head or chest or abdomen OR pelvis

SBP drops by one-third or more of its initial value after morphine is administered

#### **TREATMENT**

Consider **ASA**:

	PO
Dose	160-162 mg
Max. single dose	162 mg
Dosing interval	N/A
Max. # of doses	1

Route

Consider 12-lead ECG acquisition

Consider *nitroglycerin*:

SBP≥100 mmHg

Route SLDose

0.3 or 0.4 mg

Max. single dose

0.4 mg

Dosing interval

5 min.

Max. # of doses

6

Consider *morphine* (after the third dose of nitroglycerin or if nitroglycerin is contraindicated):

	Route
	IV
Dose	2 mg
Max. single dose	2 mg
Dosing interval	5 min.
Max. # of doses	5

# **CLINICAL CONSIDERATIONS**

N/A

# **ACUTE CARDIOGENIC PULMONARY EDEMA MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Moderate to severe respiratory distress

# AND

Suspected acute cardiogenic pulmonary edema

#### **CONDITIONS**

# Nitroglycerin

AGE: ≥18 years

LOA: N/A

HR: 60-159/min

RR: N/A

SBP: Normotension

Other: Ascertain prior

history of

nitroglycerin use **OR** establish IV

access

#### **CONTRAINDICATIONS**

# Nitroglycerin

Allergy or sensitivity to nitrates

Phosphodiesterase inhibitor use within the previous 48 hours

SBP drops by one third or more of its initial value after nitroglycerin is administered

#### **TREATMENT**

# Consider *nitroglycerin*:

	SBP	SE	3P
	100 mmHg to <140 mmHg	≥140 ו	ттНд
	IV or Hx	IV or Hx	IV or Hx
	Yes	No	Yes
	Route	Route	Route
	SL	SL	SL
Dose	0.3 <b>or</b> 0.4 mg	0.3 <b>or</b> 0.4 mg	0.6 <b>or</b> 0.8 mg
Max. single dose	0.4 mg	0.4 mg	0.8 mg
Dosing interval	5 min.	5 min.	5 min.
Max. # of doses	6	6	6

**NOTE:** Hx refers to a patient with a prior history of nitroglycerin use.

Consider 12-lead ECG acquisition

# **CLINICAL CONSIDERATIONS**

N/A

# **CARDIOGENIC SHOCK MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

STEMI-positive ECG

#### **AND**

Cardiogenic shock

# **CONDITIONS**

#### 0.9% NaCl Fluid Bolus

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: Clear chest on

auscultation

# **Dopamine**

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: N/A

#### **CONTRAINDICATIONS**

#### 0.9% NaCl Fluid Bolus

N/A

# **Dopamine**

Allergy or sensitivity to dopamine

Tachydysrhythmias excluding sinus tachycardia

Mechanical shock states

Hypovolemia

Pheochromocytoma

#### **TREATMENT**

# Consider 0.9% NaCl fluid bolus:

Age		
≥18 years		

	=10 years	
	Route	Route
	IV	10
Infusion	10 ml/kg	10 ml/kg
Infusion interval	N/A	N/A
Reassess every	250 ml	250 ml
Max. volume	10 ml/kg	10 ml/kg

**NOTE:** If NaCl bolus contraindicated due to pulmonary crackles, consider dopamine.

# Consider dopamine:

	Route	
	IV	
Initial infusion rate	5 mcg/kg/min.	
Titration increment	5 mcg/kg/min.	
Titration interval	5 min.	
Max. infusion rate	20 mcg/kg/min.	

**NOTE:** Titrate dopamine to achieve a systolic BP of 90-110 mmHg. If discontinuing dopamine electively, do so gradually over 5-10 minutes.

# **CLINICAL CONSIDERATIONS**

Contact BHP if patient is bradycardic.

# SYMPTOMATIC BRADYCARDIA MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Bradycardia

#### **AND**

Hemodynamic instability

# **CONDITIONS**

# **Atropine**

AGE: ≥18 years

LOA: N/A

HR: <50/min

RR: N/A

SBP: Hypotension

Other: N/A

# **Transcutaneous Pacing**

AGE: ≥18 years

LOA: N/A

HR: <50/min

RR: N/A

SBP: Hypotension

Other: N/A

# **Dopamine**

AGE: ≥18 years

LOA: N/A

HR: <50/min

RR: N/A

SBP: Hypotension

Other: N/A

#### **CONTRAINDICATIONS**

### **Atropine**

Allergy or sensitivity to atropine

Hemodynamic stability

Hypothermia

History of heart transplant

#### **Transcutaneous Pacing**

Hemodynamic stability
Hypothermia

### **Dopamine**

Allergy or sensitivity to dopamine

Tachydysrhythmias excluding sinus tachycardia

Mechanical shock states

Hypovolemia

Pheochromocytoma

#### **TREATMENT**

#### Consider Rhythm determination

Consider 12-lead ECG acquisition (if this won't delay therapy)

# Consider atropine:

	Route
	IV
Dose	0.5 mg
Max. single dose	0.5 mg
Dosing interval	5 min.
Max. # of doses	2

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with transcutaneous pacing and/or a dopamine infusion.

Consider transcutaneous pacing

# Consider dopamine:

	Route	
	IV	
Initial infusion rate	5 mcg/kg/min.	
Titration increment	5 mcg/kg/min.	
Titration interval	5 min.	
Max. infusion rate	20 mcg/kg/min.	

**NOTE:** Titrate dopamine to achieve a systolic BP of 90-110 mmHg. If discontinuing dopamine electively, do so gradually over 5-10 minutes.

#### **CLINICAL CONSIDERATIONS**

Atropine may be beneficial in the setting of sinus bradycardia, atrial fibrillation, first degree AV block, or second-degree Type I AV block.

A single dose of atropine should be considered for second degree Type II or third degree AV blocks with fluid bolus while preparing for TCP <u>OR</u> if there is a delay in implementing TCP <u>OR</u> if TCP is unsuccessful.

The dopamine infusion should be initiated at 5 mcg/kg/min. and titrated upward to effect in increments of 5 mcg/kg/min every 5 minutes up to a maximum of 20 mcg/kg/min.

The desired effect is a SBP of 90-110 mmHg.

# TACHYDYSRHYTHMIA MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Symptomatic Tachydysrhythmia

#### **CONDITIONS**

#### Valsalva Maneuver

AGE: ≥18 years

LOA: Unaltered

HR: ≥150/min

RR: N/A

SBP: Normotension

Other: Narrow complex

and regular rhythm

# Adenosine

AGE: ≥18 years

LOA: Unaltered

HR: ≥150/min

RR: N/A

SBP: Normotension

Other: Narrow complex

and regular rhythm

**Synchronized Cardioversion** 

≥18 years

#### Amiodarone

AGE: ≥18 years

LOA: Unaltered

HR: ≥120/min

RR: N/A

SBP: Normotension

Other: Wide complex and

regular rhythm

# Lidocaine

AGE: ≥18 years

LOA: Unaltered

HR: ≥120/min

RR: N/A

SBP: Normotension

Other: Wide complex

and regular rhythm

RR: N/A

AGE:

LOA:

HR:

SBP: Hypotension

N/A

Other: Altered mental

status, ongoing chest pain, other signs of shock

≥120/min (wide) or ≥150/min (narrow)

#### **CONTRAINDICATIONS**

#### Valsalva Maneuver

Sinus tachycardia or atrial fibrillation or atrial flutter

#### Adenosine

Allergy or sensitivity to adenosine

Sinus tachycardia or atrial fibrillation or atrial flutter

Patient taking dipyridamole or carbamazepine

Bronchoconstriction on exam

#### **Amiodarone**

Allergy or sensitivity to amiodarone

#### Lidocaine

Allergy or sensitivity to lidocaine

# Synchronized Cardioversion

N/A

#### **TREATMENT**

Consider Rhythm determination: Confirm regularity

Consider 12 lead ECG acquisition: To confirm QRS width (if this won't delay therapy)

#### Consider valsalva maneuver:

Perform a maximum of two attempts lasting 10 to 20 seconds duration each.

# Consider *adenosine*:

	Route
	IV
Initial Dose	6 mg
Second dose	12 mg
Dosing interval	2 min
Max. # of doses	2 doses

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with amiodarone or lidocaine or if monomorphic wide complex regular rhythm for adenosine.

# Consider amiodarone (if available) OR lidocaine:

	Drug	Drug
	Amiodarone	Lidocaine
	Route	Route
	IV*	IV
First Dose	150 mg	1.5 mg/kg
Subsequent Dose(s)	150 mg	0.75 mg/kg
Max. single dose	150 mg	150 mg
Dosing interval	10 min	10 min
Max. # of doses	2	3

<sup>\*</sup>Amiodarone should be administered by IV infusion over 10 min.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with synchronized cardioversion

# Consider synchronized cardioversion:

Administer up to three synchronized shocks in accordance with BHP direction and energy settings. (In the setting of a patch failure, the energy settings to be used are 100 J, 200 J and the maximum manufacturer setting.)

# **CLINICAL CONSIDERATIONS**

N/A

# INTRAVENOUS AND FLUID THERAPY MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Actual or potential need for intravenous medication **OR** fluid therapy

# **CONDITIONS**

IV

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Di . 14//1

Other: N/A

0.9% NaCl Fluid Bolus

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: N/A

# **CONTRAINDICATIONS**

IV

Suspected fracture proximal to the access site.

0.9% NaCl Fluid Bolus

Signs of fluid overload

#### **TREATMENT**

# Consider IV cannulation

# Consider 0.9% NaCl maintenance infusion:

	Age	Age
	<12 years	≥12 years
	Route	Route
	IV / IO /CVAD	IV / IO / CVAD
Infusion	15 ml/hr	30-60 ml/hr
Infusion interval	N/A	N/A
Reassess every	N/A	N/A
Max. volume	N/A	N/A

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to administer IV NaCl bolus to patients <12 years with suspected Diabetic Ketoacidosis (DKA)

# Consider 0.9% NaCl fluid bolus:

	Age	Age
	<12 years	≥12 years
	Route	Route
	IV / IO /CVAD	IV / IO / CVAD
Infusion	20 ml/kg	20 ml/kg
Infusion interval	Immediate	Immediate
Reassess every	100 ml	250 ml
Max. volume*	20 ml/kg up to 2,000 ml	2,000 ml

<sup>\*</sup>The maximal volume of NaCl is lower for patients in cardiogenic shock.

#### **CLINICAL CONSIDERATIONS**

"PCP Assist IV" authorizes a PCP to cannulate a peripheral IV at the request and under the direct supervision of an ACP. The ACP will perform all IV further therapy in accordance with the *Intravenous and Fluid Therapy Medical Directive* once intravenous access is obtained. PCPs certified in PCP Assist IV are not authorized to administer IV fluid or medication therapy.

Adult IO and CVAD procedures are auxiliary *Medical Directives* described elsewhere. Fluid administration via the IO or CVAD routes only apply to paramedics certified and authorized to perform these procedures.

Microdrips and or volume control administration sets should be considered when IV access is indicated for patients less than 12 years of age.

# PEDIATRIC INTRAOSSEOUS MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Actual or potential need for intravenous medication **OR** fluid therapy

#### AND

Intravenous access is unobtainable

#### **AND**

Cardiac arrest or near-arrest state

#### **CONDITIONS**

10

AGE: <12 years

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATION**

10

Fracture or crush injuries or suspected or known replacement / prosthesis proximal to the access site.

# **TREATMENT**

Consider *IO access* 

# **CLINICAL CONSIDERATIONS**

N/A

# HYPOGLYCEMIA MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Agitation OR altered LOA OR seizure OR symptoms of stroke

#### **CONDITIONS**

#### **Dextrose**

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Hypoglycemia

# Glucagon

AGE: N/A

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: Hypoglycemia

# **CONTRAINDICATIONS**

#### **Dextrose**

Allergy or sensitivity to dextrose

#### Glucagon

Allergy or sensitivity to glucagon

Pheochromocytoma

## **TREATMENT**

Perform glucometry

# Consider *dextrose or glucagon*:

		Drug	
		Dextrose	
	Age	Age	Age
	<30 days	≥30 days to <2 years	≥2 years
	Weight	Weight	Weight
	N/A	N/A	N/A
	Concentration	Concentration	Concentration
	D10W	D25W	D50W
	Route	Route	Route
	IV	IV	IV
Dose	0.2 g/kg (2 ml/kg)	0.5 g/kg (2 ml/kg)	0.5 g/kg (1 ml/kg)
Max. single dose	5 g (50 ml)	10 g (40 ml)	25 g (50 ml)
Dosing interval	10 min.	10 min.	10 min.
Max. # of doses	2	2	2

	Drug			
	Glucagon			
	Age			
	N/A			
	Weight	Weight		
	<25 kg	≥25 kg		
	Concentration Concentration			
	N/A N/A			
	Route	Route		
	IM	IM		
Dose	0.5 mg	1.0 mg		
Max. single dose	0.5 mg	1.0 mg		
Dosing interval	20 min. 20 min.			
Max. # of doses	2	2		

# **CLINICAL CONSIDERATIONS**

If the patient responds to dextrose or glucagon, he/she may receive oral glucose or other simple carbohydrates.

If only mild signs or symptoms are exhibited, the patient may receive oral glucose or other simple carbohydrates instead of dextrose or glucagon.

If a patient initiates an informed refusal of transport, a final set of vital signs including blood glucometry must be attempted.

# **SEIZURE MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Active generalized motor seizure

# **CONDITIONS**

#### Midazolam

AGE: N/A

LOA: Unresponsive

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATIONS**

#### Midazolam

Allergy or sensitivity to midazolam

Hypoglycemia

# Consider *midazolam*:

	Route	Route	Route	Route
	IV	IM	IN	Buccal
Dose	0.1 mg/kg	0.2 mg/kg	0.2 mg/kg	0.2 mg/kg
Max. single dose	5.0 mg	10 mg	10 mg	10 mg
Dosing interval	5 min.	5 min.	5 min.	5 min.
Max. # of doses	2	2	2	2

# **CLINICAL CONSIDERATIONS**

Conditions such as cardiac arrest and hypoglycemia often present as seizure and should be considered by a paramedic.

# **OPIOID TOXICITY MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Altered LOC

**AND** 

Respiratory depression

**AND** 

Suspected opioid overdose

#### **CONDITIONS**

#### Naloxone

AGE: ≥18 years

LOA: Altered

HR: N/A

RR: <10/min

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### **Naloxone**

Allergy or sensitivity to naloxone

Uncorrected hypoglycemia

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with naloxone

# Consider *naloxone*:

	Route	Route	Route	Route
	SC	IM	IN	IV*
Dose	0.8 mg	0.8 mg	0.8 mg	Up to 0.4 mg
Max. single dose	0.8 mg	0.8 mg	0.8 mg	0.4 mg
Dosing interval	N/A	N/A	N/A	N/A
Max. # of doses	1	1	1	1

<sup>\*</sup>For the IV route, titrate naloxone only to restore the patient's respiratory status.

# **CLINICAL CONSIDERATIONS**

N/A

# OROTRACHEAL INTUBATION MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Need for ventilatory assistance or airway control

#### **AND**

Other airway management is inadequate or ineffective

#### **CONDITIONS**

# **Lidocaine Spray**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Orotracheal

Intubation

#### **Orotracheal Intubation**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

# Lidocaine

Allergy or sensitivity to lidocaine

Unresponsive patient

#### **Orotracheal Intubation**

Age <50 years AND current episode of asthma exacerbation AND not in or near cardiac arrest.

Consider topical *lidocaine* spray (to the hypopharynx) for "awake" orotracheal intubation:

	Route
	TOPICAL
Dose	10 mg/spray
Max. dose	5mg/kg
Dosing interval	N/A
Max. # of doses	20 sprays

Consider *orotracheal intubation:* with or without intubation facilitation devices. The maximum number of intubation attempts is 2.

# Confirm *orotracheal tube placement:*

Method	Method
Primary	Secondary
Visualization	ETCO <sub>2</sub>
Auscultation	EDD
Chest rise	Other

#### **CLINICAL CONSIDERATIONS**

An intubation attempt is defined as insertion of the laryngoscope blade into the mouth for the purposes of intubation.

The maximum number of supraglottic airway attempts is two (2) and the maximum number of intubation attempts is two (2).

At least two primary and one secondary ETT placement confirmation methods must be used.

If the patient has a pulse, an ETCO<sub>2</sub> device (quantitative or qualitative) must be used for ETT placement confirmation.

Additional secondary ETT placement confirmation devices may be authorized by the local medical director.

ETT placement must be reconfirmed immediately after every patient movement.

# **BRONCHOCONSTRICTION MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Respiratory distress

#### **AND**

Suspected bronchoconstriction

#### **CONDITIONS**

#### Salbutamol

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **Epinephrine**

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: BVM ventilation

required

SBP: N/A

Other: Hx of asthma

# **Epinephrine Autoinjector**

AGE: N/A

WEIGHT: ≥10 kg

LOA: N/A

HR: N/A

RR: BVM ventilation

required

SBP: N/A

Other: Hx of asthma

#### **CONTRAINDICATIONS**

#### Salbutamol

Allergy or sensitivity to salbutamol

#### **Epinephrine**

Allergy or sensitivity to epinephrine

# **Epinephrine Autoinjector**

Allergy or sensitivity to epinephrine

#### Consider *salbutamol*:

	Weight		Weight		
	<25 kg		≥2.	≥25 kg	
	Route Route		Route	Route	
	MDI*	NEB	MDI*	NEB	
Dose	Up to 600 mcg (6 puffs)	2.5 mg	Up to 800 mcg (8 puffs)	5 mg	
Max. single dose	600 mcg	2.5 mg	800 mcg	5 mg	
Dosing interval	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN	5-15 min. PRN	
Max. # of doses	3	3	3	3	

<sup>\*1</sup> puff=100mcg

# Consider *epinephrine*:

	Weight	Weight	Weight
	Any	≥10 kg to <25 kg	≥25 kg
	Route	Route	Route
	IM	Pediatric Autoinjector	Adult Autoinjector
	Concentration	Concentration	Concentration
	1:1,000	1:1,000	1:1,000
Dose	0.01 mg/kg**	1 injection (0.15 mg)	1 injection (0.3 mg)
Max. single dose	0.5 mg	1 injection	1 injection
Dosing interval	N/A	N/A	N/A
Max. # of doses	1	1	1

<sup>\*\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

# **CLINICAL CONSIDERATIONS**

Epinephrine should be the first drug administered if the patient is apneic. Salbutamol MDI may be administered subsequently using a BVM MDI adapter.

Nebulization is contraindicated in patients with a known or suspected fever or in the setting of a declared febrile respiratory illness outbreak by the local medical officer of health.

When administering salbutamol MDI, the rate of administration should be 100 mcg approximately every 4 breaths.

A spacer should be used when administering salbutamol MDI.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to use pediatric autoinjector for patients <10 kg.

# MODERATE TO SEVERE ALLERGIC REACTION MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Exposure to a probable allergen

#### **AND**

Signs and/or symptoms of a moderate to severe allergic reaction (including anaphylaxis)

#### **CONDITIONS**

# **Epinephrine**

AGE: N/A

WEIGHT: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis

only

# **Epinephrine Autoinjector**

AGE: N/A

WEIGHT: ≥10 kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: For anaphylaxis

only

# Diphenhydramine

AGE: N/A

WEIGHT: ≥25 kg

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

# **Epinephrine**

Allergy or sensitivity to epinephrine

# **Epinephrine Autoinjector**

Allergy or sensitivity to epinephrine

# Diphenhydramine

Allergy or sensitivity to diphenhydramine

# Consider *epinephrine*:

	Weight	Weight	Weight
	N/A	≥10 kg to <25 kg	≥25 kg
	Route	Route	Route
	IM	Pediatric Autoinjector	Adult Autoinjector
	Concentration	Concentration	Concentration
	1:1,000	1:1,000	1:1,000
Dose	0.01 mg/kg*	1 injection (0.15 mg)	1 injection (0.3 mg)
Max. single dose	0.5 mg	1 injection	1 injection
Dosing interval	N/A	N/A	N/A
Max. # of doses	1	1	1

<sup>\*</sup>The epinephrine dose may be rounded to the nearest 0.05 mg.

# Consider *diphenhydramine* (if available):

	Weight		Wei	Weight	
	≥25 kg to <50 kg		≥50	) kg	
	Route Route		Route	Route	
	IV	IM	IV	IM	
Dose	25 mg	25 mg	50 mg	50 mg	
Max. single dose	25 mg	25 mg	50 mg	50 mg	
Dosing interval	N/A	N/A	N/A	N/A	
Max. # of doses	1	1	1	1	

# **CLINICAL CONSIDERATIONS**

Epinephrine should be the first drug administered in anaphylaxis.

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to use pediatric autoinjector for patients <10kg

# **CROUP MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Severe respiratory distress

**AND** 

Stridor at rest

**AND** 

Current history of URTI

**AND** 

Barking cough OR recent history of a barking cough

#### **CONDITIONS**

# **Epinephrine**

AGE: <8 years

LOA: N/A

HR: <200/min

RR: N/A SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

# **Epinephrine**

Allergy or sensitivity to epinephrine

Cancidar	anina	nhrina:
Consider	epine	pririne.

≥1 year to <8 years
Weight
N/A
Route
NEB
Concentration
1:1,000
5 mg
5 mg
N/A
1

# **CLINICAL CONSIDERATIONS**

The minimum initial volume for nebulization is 2.5 ml.

# TENSION PNEUMOTHORAX MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Suspected tension pneumothorax

# **AND**

Critically ill OR VSA

#### **AND**

Absent or severely diminished breath sounds on the affected side(s)

#### **CONDITIONS**

# **Needle Thoracostomy**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension or

VSA

Other: N/A

# **CONTRAINDICATIONS**

**Needle Thoracostomy** 

N/A

# **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to perform needle thoracostomy

Consider *needle thoracostomy* 

# **CLINICAL CONSIDERATIONS**

Needle thoracostomy may only be performed at the second intercostal space in the midclavicular line.

# PEDIATRIC ANALGESIA MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

# **INDICATIONS**

Severe pain

# **AND**

Isolated hip **OR** extremity fractures or dislocations **OR** major burns **OR** current history of cancer related pain

#### **CONDITIONS**

# Morphine

AGE: <18 years

LOA: Unaltered

HR: ≥60/min

RR: N/A

SBP: Normotension

Other: N/A

#### **CONTRAINDICATIONS**

# Morphine

Allergy or sensitivity to morphine

Injury to the head or chest or abdomen or pelvis

SBP drops by one-third or more of its initial value after morphine is adminstered

# **TREATMENT**

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization and dosage verification before administering the medication for children <8 years.

# Consider *morphine*:

	Route	
	IV/SC	
Dose	0.05 mg/kg	
Max. single dose	3 mg	
Dosing interval	5 min.	
Max. # of doses	2	

# **CLINICAL CONSIDERATIONS**

N/A

# **ADULT ANALGESIA MEDICAL DIRECTIVE**

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive if certified and authorized.

#### **INDICATIONS**

Mild - Moderate Pain (Acetaminophen/Ibuprofen) OR

Mild - Severe Pain (Ketorolac) AND/OR

Moderate - Severe Pain (Morphine)

#### **AND**

trauma **OR** burns **OR** renal colic with prior history **OR** acute musculoskeletal back strain **OR** current history of cancer related pain.

#### **CONDITIONS**

Acetamii	nophen
----------	--------

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: When used for trauma

patients, restricted to those

with isolated hip or extremity trauma

# **Ibuprofen**

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: When used for trauma

patients, restricted to those

with isolated hip or extremity trauma

#### Ketorolac

AGE: ≥18 years

LOA: Unaltered

HR: N/A RR: N/A

SBP: Normotension

Other: When used for trauma

patients, restricted to those with isolated hip / extremity trauma **AND** who are unable to tolerate oral medications

# Morphine

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: Normotension

Other: N/A

#### **CONTRAINDICATIONS**

#### Acetaminophen

Acetaminophen use within previous 4 hours

Allergy or sensitivity to acetaminophen

Hx of liver disease

Active vomiting

Unable to tolerate oral medication

# **Ibuprofen**

NSAID or Ibuprofen use within previous 6 hours

Allergy or sensitivity to ASA or NSAIDS

Patient on anticoagulation therapy

Current active bleeding

Hx of pepticulcer disease or GI bleed

Pregnant

If asthmatic, no prior use of ASA or other NSAIDs

CVA or TBI in the previous 24 hours

Known renal impairment

Active vomiting

Unable to tolerate oral medication

#### Ketorolac

NSAID or Ibuprofen use within previous 6 hours

Allergy or sensitivity to ASA or NSAIDs

Patient on anticoagulation therapy

Current active bleeding

Hx of peptic ulcer disease or GI bleed

Pregnant

If asthmatic, no prior use of ASA or other NSAIDs

CVA or TBI in the previous 24 hours

Known renal impairment

#### Morphine

Allergy or sensitivity to Morphine

SBP drops by one-third or more of its initial value after morphine is adminstered

# Consider *acetaminophen*:

# Route PO Dose 960-1000 mg Max. single dose 1000 mg Dosing interval N/A Max. # of doses 1

# Consider *ibuprofen*:

	Route
	PO
Dose	400 mg
Max. single dose	400 mg
Dosing interval	N/A
Max. # of doses	1

# Consider *ketorolac*:

	Route
	IM/IV
Dose	10-15 mg
Max. single dose	15 mg
Dosing interval	N/A
Max. # of doses	1

# Consider *morphine*:

Route
SC/IV
2-5 mg
5 mg
5 min
4

#### **CLINICAL CONSIDERATIONS**

Whenever possible, consider co-administration of acetaminophen and ibuprofen.

In patients with isolated hip or extremity trauma, ibuprofen and acetaminophen is preferred to ketorolac except where the patient is unable to tolerate oral medications.

If ketorolac is administered, neither acetaminophen nor ibuprofen should be administered.

Suspected renal colic patients should routinely be considered for ketorolac AND morphine.

# HYPERKALEMIA MEDICAL DIRECTIVE

An Advanced Care Paramedic may provide the treatment prescribed in this Medical Directive If certified and authorized.

#### **INDICATIONS**

Suspected hyperkalemia in patients at high risk, including:

- currently on dialysis OR
- history of end-stage renal disease (ESRD) OR
- other reason to be highly suspicious of hyperkalemia (i.e. prolonged crush injury)

#### **AND**

one of the following clinical situations:

Cardiac Arrest

#### OR

pre-arrest (i.e. hypotension, altered level of consciousness, symptomatic bradycardia) with 12-lead ECG suggestive of hyperkalemia (i.e. wide and often bizarre QRS (>120 ms) with peaked T waves, loss of p waves and/or may have sine wave appearance)

# **CONDITIONS**

/					
/	Calcium Gluconate 10%				
	AGE:	≥18 years			
	WEIGHT:	N/A			
	LOA:	N/A			
	HR:	N/A			
	RR:	N/A			
	SBP:	N/A			
	Other:	N/A			

Salbutamol			
AGE:	≥18 years		
WEIGHT:	N/A		
LOA:	N/A		
HR:	N/A		
RR:	N/A		
SBP:	N/A		
Other:	N/A		
		/	

#### **CONTRAINDICATIONS**

#### **Calcium Gluconate 10%**

Patients on Digoxin

#### Salbutamol

Allergy or sensitivity to salbutamol

#### **TREATMENT**

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with calcium gluconate and salbutamol therapies. Record ECG before and after treatment.

# Consider calcium gluconate 10%:

	Route	
	IV/IO	
Dose	1 g (10 ml)	
	over 2-3 minutes	
Max. single dose	1 g (10 ml)	
Dosing interval	30 minutes	
Max. # of doses	2	

Consider *salbutamol* (this may not be possible in cardiac arrest):

	Route		
	MDI	Nebuilized	
Dose	1600 mcg* (16 puffs)	10 mg	
Max. single dose	1600 mcg	10 mg	
Dosing interval	immediate	immediate	
Max. # of doses	2	2	

<sup>\*1</sup> puff=100 mcg

#### **CLINICAL CONSIDERATIONS**

Whenever possible, both calcium gluconate and salbutamol should be given as the two medications have different modes of action.

If appropriate, refer to the *Symptomatic Bradycardia*, *Tachydsrhythmia*, or *Cardiac Arrest Medical Directives* for further management of these patients.

Sodium bicarbonate is not a very effective agent for hyperkalemia and so should not routinely be given.

Caution that calcium gluconate should only be administered in an IV/IO that is running well and that calcium gluconate and sodium bicarbonate should not be mixed or given in the same IV without flushing well.

# Appendix 3

Primary Care Paramedic Auxiliary Medical Directives

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# INTRAVENOUS AND FLUID THERAPY MEDICAL DIRECTIVE - AUXILIARY

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized according to the PCP Autonomous IV level.

#### **INDICATIONS**

Actual or potential need for intravenous medication **OR** fluid therapy

# **CONDITIONS**

IV

AGE: ≥2 years

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

0.9% NaCl Fluid Bolus

AGE: ≥2 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Hypotension

Other: N/A

#### **CONTRAINDICATIONS**

IV

Suspected fracture proximal to the access site.

0.9% NaCl Fluid Bolus

Signs of fluid overload

#### **TREATMENT**

Consider IV cannulation

# Consider 0.9% NaCl maintenance infusion:

	Age	Age	
	≥2 years to <12 years	≥12 years	
	Route	Route	
	IV	IV	
Infusion	15 ml/hr	30-60 ml/hr	
Infusion interval	N/A	N/A	
Reassess every	N/A	N/A	
Max. volume	N/A	N/A	

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to administer IV NaCl bolus to a patient ≥2 years to <12 years with suspected Diabetic Ketoacidosis (DKA)

# Consider 0.9% NaCl fluid bolus:

	Age	Age
	≥2 years to <12 years	≥12 years
	Route	Route
	IV	IV
Infusion	20 ml/kg	20 ml/kg
Infusion interval	Immediate	Immediate
Reassess every	100 ml	250 ml
Max. volume*	20 ml/kg up to 2,000 ml	2,000 ml

<sup>\*</sup>The maximum volume of NaCl is lower for patients in cardiogenic shock

# **CLINICAL CONSIDERATIONS**

"PCP Assist IV" authorizes a PCP to cannulate a peripheral IV at the request and under the direct supervision of an ACP. The patient must require a peripheral IV in accordance with the indications listed in this Medical Directive. PCPs certified in PCP Assist IV are not authorized to administer IV fluid or medication therapy.

Microdrips and or volume control administration sets should be considered when IV access is indicated for patients less than 12 years of age.

# **CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP) MEDICAL DIRECTIVE - AUXILIARY**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Severe respiratory distress

#### **AND**

Signs and/or symptoms of acute pulmonary edema OR COPD

# **CONDITIONS**

**CPAP** 

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: Tachypnea

SBP: Normotension

Other:  $SpO_2 < 90\%$  or

accessory muscle

use

# **CONTRAINDICATIONS**

#### **CPAP**

Asthma exacerbation

Suspected pneumothorax

Unprotected or unstable airway

Major trauma or burns to the head or torso

Tracheostomy

Inability to sit upright

Unable to cooperate

#### **TREATMENT**

# Consider CPAP:

Initial setting	5 cm H₂O	Or equivalent flow rate of device as per BH direction
Titration increment	2.5 cm H <sub>2</sub> O	Or equivalent flow rate of device as per BH direction
Titration interval	5 min.	
Max. setting	15 cm H₂O	Or equivalent flow rate of device as per BH direction

Consider increasing FiO<sub>2</sub> (if available):

Initial FiO <sub>2</sub>	50-100%
FiO₂ increment	SpO <sub>2</sub> <92% despite treatment and/or
(if available on device)	10cm H <sub>2</sub> O pressure or equivalent flow rate of
	device as per BH direction
Max FiO <sub>2</sub>	100%

Confirm *CPAP pressure by manometer* (if available)

# **CLINICAL CONSIDERATIONS**

# **SUPRAGLOTTIC AIRWAY MEDICAL DIRECTIVE - AUXILIARY**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Need for ventilatory assistance **OR** airway control

#### AND

Other airway management is inadequate or ineffective

#### **CONDITIONS**

### **Supraglottic Airway**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: patient must be in

cardiac arrest

#### **CONTRAINDICATIONS**

# **Supraglottic Airway**

Active vomiting

Inability to clear the

airway

Airway edema

Stridor

**Caustic ingestion** 

Consider *supraglottic airway insertion*. The maximum number of attempts is 2.

Confirm *supraglottic airway placement:* 

Method	Method
Primary	Secondary
Auscultation	ETCO <sub>2</sub>
Chest rise	Other

# **CLINICAL CONSIDERATIONS**

An attempt at supraglottic airway insertion is defined as the insertion of the supraglottic airway into the mouth.

# **NAUSEA / VOMITING MEDICAL DIRECTIVE - AUXILIARY**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Nausea OR vomiting

# **CONDITIONS**

# Dimenhydrinate

AGE: N/A

WEIGHT: ≥25 kg

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

# Dimenhydrinate

Allergy or sensitivity to dimenhydrinate or other antihistamines

Overdose on antihistamines or anticholinergics or tricyclic antidepressants

Consider *dimenhydrinate*:

	We	ight	Wei	ight
	≥25 kg to <50 kg		≥50	) kg
	Route	Route	Route	Route
	IV	IM	IV	IM
Dose	25 mg	25 mg	50 mg	50 mg
Max. single dose	25 mg	25 mg	50 mg	50 mg
Dosing interval	N/A	N/A	N/A	N/A
Max. # of doses	1	1	1	1

#### **CLINICAL CONSIDERATIONS**

IV administration of dimenhydrinate applies only to PCPs certified to the level of PCP Autonomous IV.

Prior to IV administration, dilute dimenhydrinate (concentration of 50 mg/1 ml) 1:9 with Normal Saline or sterile water. If given IM do not dilute.

# **ELECTRONIC CONTROL DEVICE PROBE REMOVAL MEDICAL DIRECTIVE - AUXILIARY**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Electronic Control Device probe(s) embedded in patient.

# **CONDITIONS**

#### **Probe Removal**

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATIONS**

#### Probe removal

Probe embedded above the clavicles, in the nipple(s), or in the genital area.

#### **TREATMENT**

Consider *probe removal* 

# **CLINICAL CONSIDERATIONS**

Police may require preservation of the probe(s) for evidentiary purposes.

This directive is for removal of ECD only and in no way constitutes treat and release, normal principles of patient assessment and care apply.

# MINOR ABRASIONS MEDICAL DIRECTIVE - AUXILIARY - SPECIAL EVENT

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Minor abrasions

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

# **Topical Antibiotic**

AGE: N/A

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### **Topical Antibiotic**

Allergy or sensitivity to any of the components of the topical antibiotic

TREATMENT		
Consider <i>topical antibiotic</i>		
Consider release from care		

# **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

# MINOR ALLERGIC REACTION MEDICAL DIRECTIVE - AUXILIARY - SPECIAL EVENT

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Signs consistent with minor allergic reaction

#### **AND**

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

# Diphenhydramine

AGE: ≥18 years

LOA: Unaltered

HR: WNL

RR: WNL

SBP: Normotension

Other: N/A

# **CONTRAINDICATIONS**

# Diphenhydramine

Allergy or sensitivity to diphenhydramine

Antihistamine or sedative use in previous 4 hours

Signs or symptoms of moderate to severe allergic reaction

Signs or symptoms of intoxication

Wheezing

#### **TREATMENT**

Consider diphenhydramine:

	Route
	PO
Dose	50 mg
Max. single dose	50 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

# **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

# **MUSCULOSKELETAL PAIN MEDICAL DIRECTIVE – AUXILIARY – SPECIAL EVENT**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.

#### **INDICATIONS**

Minor musculoskeletal pain

#### **AND**

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATIONS**

#### Acetaminophen

Acetaminophen use within previous 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication

Consider *acetaminophen*:

	Route
	PO
Dose	325-650 mg
Max. single dose	650 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

# **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

# **HEADACHE MEDICAL DIRECTIVE – AUXILIARY – SPECIAL EVENT**

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Uncomplicated headache conforming to the patient's usual pattern

#### **AND**

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### Acetaminophen

Acetaminophen use within previous 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication

Consider *acetaminophen*:

	Route
	PO
Dose	325-650 mg
Max. single dose	650 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

# **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

# HOME DIALYSIS EMERGENCY DISCONNECT MEDICAL DIRECTIVE - AUXILIARY

A Primary Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Patient receiving home dialysis (hemo or peritoneal) and connected to dialysis machine

#### **AND**

Patient requires transport to the hospital

# **AND**

Patient is unable to disconnect **OR** there is no family member or caregiver available or knowledgeable in dialysis disconnect

# **CONDITIONS**

# **Home Dialysis Emergency Disconnect**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

Home Dialysis Emergency Disconnect N/A

Consider *Home Dialysis Emergency Disconnect* 

# **CLINICAL CONSIDERATIONS**

Generally, emergency disconnect kit with materials and instructions can be found hanging from dialysis machine or nearby on the wall.

Ensure both the patient side and machine side of the connection are clamped <u>before</u> disconnecting and attaching end caps.

# Appendix 4

**Advanced Care Paramedic Auxiliary Medical Directives** 

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# **ADULT INTRAOSSEOUS MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Actual or potential need for intravenous medication **OR** fluid therapy

#### AND

IV access is unobtainable

#### **AND**

Cardiac arrest **OR** near arrest state

#### **CONDITIONS**

10

AGE: ≥12 years

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATION**

10

Fracture or crush injuries or suspected or known replacement / prosthesis proximal to the access site.

Consider *IO access* 

# **CLINICAL CONSIDERATIONS**

# CENTRAL VENOUS ACCESS DEVICE ACCESS MEDICAL DIRECTIVE - AUXILIARY

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Actual or potential need for intravenous medication OR fluid therapy

#### AND

IV access is unobtainable

#### **AND**

Cardiac arrest **OR** near arrest state

#### **CONDITIONS**

#### **CVAD Access**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Patient has a

pre-existing, accessible central venous catheter

in place

#### **CONTRAINDICATIONS**

**CVAD Access** 

Consider **CVAD access** 

# **CLINICAL CONSIDERATIONS**

# **CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP) MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Severe respiratory distress

#### AND

Signs and/or symptoms of acute pulmonary edema OR COPD

# **CONDITIONS**

**CPAP** 

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: Tachypnea

SBP: Normotension

Other:  $SpO_2 < 90\%$  or

accessory muscle

use

# **CONTRAINDICATIONS**

#### **CPAP**

Asthma exacerbation

Suspected pneumothorax

Unprotected or unstable airway

Major trauma or burns to the head or torso

Tracheostomy

Inability to sit upright

Unable to cooperate

# **TREATMENT**

# Consider CPAP:

Initial setting	5 cm H₂O	Or equivalent flow rate of device as per BH direction
Titration increment	2.5 cm H₂O	Or equivalent flow rate of device as per BH direction
Titration interval	5 min.	
Max. setting	15 cm H <sub>2</sub> O	Or equivalent flow rate of device as per BH direction

Consider increasing FiO<sub>2</sub> (if available):

Initial  $FiO_2$ 50-100% $FiO_2$  increment (if available on device) $SpO_2 < 92\%$  despite treatment and/or 10cm  $H_2O$  pressure or equivalent flow rate of device as per BH direction $Max FiO_2$ 100%

Confirm **CPAP pressure by manometer** (if available)

# **CLINICAL CONSIDERATIONS**

# **SUPRAGLOTTIC AIRWAY MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Need for ventilatory assistance **OR** airway control

#### **AND**

Other airway management is inadequate **OR** ineffective **OR** unsuccessful

#### **CONDITIONS**

#### **Supraglottic Airway**

AGE: N/A

LOA: GCS = 3

HR: N/A RR: N/A

SBP: N/A

Other: Absent gag reflex

#### **CONTRAINDICATIONS**

# **Supraglottic Airway**

Active vomiting

Inability to clear the

airway

Airway edema

Stridor

**Caustic ingestion** 

Consider *supraglottic airway insertion*. The maximum number of attempts is 2.

Confirm *supraglottic airway placement:* 

Method	Method
Primary	Secondary
Auscultation	ETCO <sub>2</sub>
Chest rise	Other

# **CLINICAL CONSIDERATIONS**

An attempt at supraglottic airway insertion is defined as the insertion of the supraglottic airway into the mouth.

The maximum number of supraglottic airway attempts is two (2) and the maximum number of intubation attempts is two (2).

# **CRICOTHYROTOMY MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Need for advanced airway management

#### **AND**

Intubation AND supraglottic airway (if available) insertion unsuccessful or contraindicated

#### **AND**

Unable to ventilate

#### **CONDITIONS**

#### Cricothyrotomy

AGE: ≥12 years

LOA: Altered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

# **CONTRAINDICATIONS**

# Cricothyrotomy

Suspected fractured larynx Inability to landmark

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to perform cricothyrotomy

#### Consider *cricothyrotomy*

Confirm cricothyrotomy: tube placement

Method	Method	
Primary	Secondary	
Auscultation	ETCO <sub>2</sub>	
Chest rise	Other	

#### **CLINICAL CONSIDERATIONS**

At least two primary and one secondary Cricothyrotomy tube placement confirmation methods must be used.

If the patient has a pulse, an ETCO<sub>2</sub> device must be used (quantitative or qualitative) for cricothyrotomy tube placement confirmation.

Additional secondary Cricothyrotomy tube placement confirmation devices may be authorized by the local medical director.

Cricothyrotomy tube placement must be reconfirmed immediately after every patient movement.

# **NAUSEA/VOMITING MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Nausea **OR** vomiting

# **CONDITIONS**

# Dimenhydrinate

AGE: N/A

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

### **CONTRAINDICATIONS**

# Dimenhydrinate

Allergy or sensitivity to dimenhydrinate or other antihistamines

Overdose on antihistamines or anticholinergics or tricyclic antidepressants

# Consider dimenhydrinate:

	We	ight	We	ight	We	ight
	<25 kg		≥25 kg to <50 kg		≥50 kg	
	Route	Route	Route	Route	Route	Route
	IV	IM	IV	IM	IV	IM
Dose	Patch	Patch	25 mg	25 mg	50 mg	50 mg
Max. single dose	N/A	N/A	25 mg	25 mg	50 mg	50 mg
Dosing interval	N/A	N/A	N/A	N/A	N/A	N/A
Max. # of doses	N/A	N/A	1	1	1	1

# **CLINICAL CONSIDERATIONS**

Prior to IV administration, dilute dimenhydrinate (concentration of 50 mg/1 ml) 1:9 with Normal Saline or sterile water. If given IM do not dilute.

# **COMBATIVE PATIENT MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Combative patient

# **CONDITIONS**

#### Midazolam

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: N/A

SBP: Normotension

Other: No reversible

causes (i.e. hypoglycemia,

hypoxia,

hypotension)

#### **CONTRAINDICATIONS**

#### Midazolam

Allergy or sensitivity to midazolam

#### **MANDATORY PROVINCIAL PATCH POINT:**

Patch to BHP for authorization to proceed with midazolam if unable to assess the patient for normotension or reversible causes.

# Consider *midazolam*:

	Route	Route
	IV	IM
Dose	2.5-5 mg	2.5-5 mg
Max. single dose	5 mg	5 mg
Dosing interval	5 min.	5 min.
Max. total dose	10 mg	10 mg
Max. # doses	2	2

# **CLINICAL CONSIDERATIONS**

#### **PROCEDURAL SEDATION MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Post-intubation **OR** transcutaneous pacing

#### **CONDITIONS**

#### Midazolam

AGE: ≥18 years

LOA: N/A

HR: N/A

RR: ≥8/min\*

SBP: Normotension

Other: N/A

#### **CONTRAINDICATIONS**

#### Midazolam

Allergy or sensitivity to midazolam

<sup>\*</sup>Non-intubated patients only

#### **TREATMENT**

Consider *midazolam*:

	Route
	IV
Dose	2.5-5 mg
Max. single dose	5 mg
Dosing interval	5 min.
Max. total dose	10 mg
Max. # doses	2

#### **CLINICAL CONSIDERATIONS**

N/A

#### **ELECTRONIC CONTROL DEVICE PROBE REMOVAL MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Electronic Control Device probe(s) embedded in patient.

#### **CONDITIONS**

#### **Probe Removal**

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### Probe removal

Probe embedded above the clavicles, in the nipple(s), or in the genital area

#### **TREATMENT**

Consider *probe removal* 

#### **CLINICAL CONSIDERATIONS**

Police may require preservation of the probe(s) for evidentiary purposes.

This directive is for removal of ECD only and in no way constitutes treat and release, normal principles of patient assessment and care apply.

#### MINOR ABRASIONS MEDICAL DIRECTIVE – AUXILIARY – SPECIAL EVENT

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Minor abrasions

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### **Topical Antibiotic**

AGE: N/A

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### **Topical Antibiotic**

Allergy or sensitivity to topical antibiotics

#### **TREATMENT**

Consider topical antibiotic

Cana	: 4~-			from	
COHS	ıuer	re	iease	irom	care

#### **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

#### MINOR ALLERGIC REACTION MEDICAL DIRECTIVE - AUXILIARY - SPECIAL EVENT

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Signs consistent with minor allergic reaction

#### AND

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### Diphenhydramine

AGE: ≥18 years

LOA: Unaltered

HR: WNL

RR: WNL

SBP: Normotension

Other: N/A

#### **CONTRAINDICATIONS**

#### Diphenhydramine

Allergy or sensitivity to diphenhydramine

Antihistamine or sedative use in previous 4 hours

Signs or symptoms of moderate to severe allergic reaction

Signs or symptoms of intoxication

Wheezing

#### **TREATMENT**

Consider *diphenhydramine*:

	Route
	PO
Dose	50 mg
Max. single dose	50 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

#### **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

#### **MUSCULOSKELETAL PAIN MEDICAL DIRECTIVE – AUXILIARY – SPECIAL EVENT**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary medical directive if certified and authorized.

#### **INDICATIONS**

Minor musculoskeletal pain

#### **AND**

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### Acetaminophen

Acetaminophen use within previous 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication

#### **TREATMENT**

Consider acetaminophen:

	Route
	PO
Dose	325-650 mg
Max. single dose	650 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

#### **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

#### **HEADACHE MEDICAL DIRECTIVE – AUXILIARY – SPECIAL EVENT**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Uncomplicated headache conforming to the patient's usual pattern

#### **AND**

Special event: a preplanned gathering with potentially large numbers and the Special Event Medical Directives have been preauthorized for use by the Medical Director

#### **CONDITIONS**

#### Acetaminophen

AGE: ≥18 years

LOA: Unaltered

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

#### Acetaminophen

Acetaminophen use within the previous 4 hours

Allergy or sensitivity to acetaminophen

Signs or symptoms of intoxication

#### **TREATMENT**

Consider *acetaminophen*:

	Route
	PO
Dose	325-650 mg
Max. single dose	650 mg
Dosing interval	N/A
Max. # of doses	1

Consider release from care

#### **CLINICAL CONSIDERATIONS**

Advise patient that if the problem persists or worsens that they should seek further medical attention.

#### **NASOTRACHEAL INTUBATION MEDICAL DIRECTIVE - AUXILIARY**

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Need for ventilatory assistance **OR** airway control

#### AND

Other airway management is inadequate or ineffective

#### **CONDITIONS**

#### **Xylometazoline**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Nasotracheal

Intubation

#### **Lidocaine Spray**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Nasotracheal

Intubation

#### **Nasotracheal Intubation**

AGE: ≥8 years

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: Spontaneous

**Breathing** 

#### **CONTRAINDICATIONS**

#### Xylometazoline

Allergy or sensitivity to xylometazoline

#### Lidocaine

Allergy or sensitivity to lidocaine

Unresponsive patient

#### **Nasotracheal Intubation**

Age <50 years AND current episode of asthma exacerbation AND not in or near cardiac arrest.

Suspected basal skull fracture or mid-face fracture

Uncontrolled epistaxis

Anticoagulant therapy (excluding ASA)

Bleeding disorders

#### **TREATMENT**

Consider xylometazoline 0.1% spray: for nasotracheal intubation

# Route TOPICAL Dose 2 sprays/nare Max. single dose 2 sprays/nare Dosing interval N/A Max. # of doses 1

Consider topical *lidocaine* spray (to the nares and/or hypopharynx) for "awake" nasotracheal intubation:

	Route
	TOPICAL
Dose	10 mg/spray
Max. dose	5mg/kg
Dosing interval	N/A
Max. # of doses	20 sprays

Consider *nasotracheal intubation*. The maximum number of intubation attempts is 2.

#### Confirm nasotracheal tube placement:

Method	Method
Primary	Secondary
Auscultation	ETCO <sub>2</sub>
Chest rise	EDD
	Other

#### **CLINICAL CONSIDERATIONS**

An intubation attempt is defined as insertion of the nasotracheal tube into a nare.

The maximum number of supraglottic airway attempts is two (2) and the maximum number of intubation attempts is two (2).

The two primary and at least one secondary nasotracheal placement confirmation methods must be used.

An ETCO<sub>2</sub> device (quantitative or qualitative) must be used for ETT placement confirmation.

Additional secondary ETT placement confirmation devices may be authorized by the local medical director.

ETT placement must be reconfirmed immediately after every patient movement.

#### HOME DIALYSIS EMERGENCY DISCONNECT MEDICAL DIRECTIVE - AUXILIARY

An Advanced Care Paramedic may provide the treatment prescribed in this auxiliary Medical Directive if certified and authorized.

#### **INDICATIONS**

Patient receiving home dialysis (hemo or peritoneal) and connected to dialysis machine

#### **AND**

Patient requires transport to the hospital

#### **AND**

Patient is unable to disconnect **OR** there is no family member or caregiver available or knowledgeable in dialysis disconnect

#### **CONDITIONS**

#### **Home Dialysis Emergency Disconnect**

AGE: N/A

LOA: N/A

HR: N/A

RR: N/A

SBP: N/A

Other: N/A

#### **CONTRAINDICATIONS**

**Home Dialysis Emergency Disconnect** 

N/A

#### **TREATMENT**

Consider Home Dialysis Emergency Disconnect

#### **CLINICAL CONSIDERATIONS**

Generally, emergency disconnect kit with materials and instructions can be found hanging from dialysis machine or nearby on the wall.

Ensure both the patient side and machine side of the connection are clamped <u>before</u> disconnecting and attaching end caps.

## Appendix 5

**Chemical Exposure Medical Directives** 

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#### **CHEMICAL EXPOSURE MEDICAL DIRECTIVES**

#### **INTRODUCTION**

The following Medical Directives have been developed for use when chemical exposure to the listed agent is suspected. These Medical Directives may only be used by paramedics who have received special training in treating patients with chemical exposures. This is usually a comprehensive program that includes personal protection and training in CBRNE (Chemical, Biologic, Radiological, Nuclear and Explosive) events.

#### HYDROFLUORIC ACID EXPOSURE MEDICAL DIRECTIVE

When the listed indication and condition exist, a paramedic is authorized to administer Calcium Gluconate and/or topical anaesthetic eye drops according to the following protocol. The paramedic will comply with local BHP patching protocols.

#### **INDICATIONS:**

Patient was exposed to vapour, and/or liquid hydrofluoric acid.

#### **CONDITIONS:**

Patient is exhibiting signs and symptoms of hydrofluoric acid poisoning.

#### **CONTRAINDICATIONS:**

Topical anaesthetic eye drops (see Procedure, point #6a) are contraindicated if the patient is allergic to anaesthetics.

#### **PROCEDURE:**

- 1. Don appropriate PPE.
- 2. Remove patient from further hydrofluoric acid exposure, remove contaminated clothing, jewellery, etc.
- 3. Decontaminate if not already decontaminated.
- 4. Assess vital signs; apply cardiac monitor and high flow oxygen.

#### 5. Inhalation:

- a) Ensure airway patency and breathing.
- b) For dyspnea see Bronchoconstriction Medical Directive.
- c) If airway pain (suspected inhalation injury), consider delivering a nebulized Calcium Gluconate 2.5% solution (1 ml 10% Calcium Gluconate and 3 ml sterile normal saline) with high flow oxygen.

#### 6. **Eye Contact:**

For eye discomfort, irrigate thoroughly with copious amounts of normal saline.

- a) Remove contact lenses.
- b) Administer 2 drops of topical anaesthetic eye drops in each eye, repeat every 10 minutes as needed.
- c) Monitor the patient for 20 minutes after the last dose.

#### 7. Skin Contact:

- a) Irrigate thoroughly with copious amounts of saline for 1 minute if not already done.
- b) Massage Calcium Gluconate 2.5% Gel (if available) liberally into the burn area and continue applying during transport if pain persists.

#### **NOTES:**

- 1. Transport to hospital as soon as possible.
- 2. Latex gloves are not sufficient. Use Neoprene or Nitrile gloves.

### ADMINISTRATION OF ATROPINE, EITHER PRALIDOXIME CHLORIDE (2 PAM) OR OBIDOXIME AND DIAZEPAM FOR NERVE AGENT EXPOSURE MEDICAL DIRECTIVE

When the listed indication and conditions exist, a paramedic is authorized to administer Atropine, either Pralidoxime or Obidoxime and Diazepam to a victim of nerve agent (or organophosphate) exposure. The paramedic will comply with local BHP patching protocols.

#### **INDICATIONS:**

Patient was exposed to known or suspected nerve agent.

#### **CONDITIONS:**

- 1. Adult (≥40 kg)
- 2. The patient is exhibiting signs and symptoms of a cholinergic crisis.

#### **PROCEDURE:**

#### **Mild Exposure:**

Signs: anxiety about being exposed, may see miosis, rhinorrhea.

- 1. Remove patient from area of exposure.
- 2. Remove all contaminated clothing.

#### **Moderate Exposure:**

Signs: (ANY ONE OF) vomiting, diarrhea, bronchospasm or bronchial secretions, shortness of breath, any known liquid exposure.

- Administer:
  - 1. One (1) Atropine 2mg IM or autoinjector. Repeat Atropine 2mg IV/IM every 5 minutes as needed until symptoms improve.
  - 2. One (1) Pralidoxime 600mg IM or autoinjector OR Obidoxime 150mg IM or autoinjector.
  - 3. One (1) Diazepam 10mg IM or autoinjector.

#### **Severe Exposure:**

Signs: Signs of moderate exposure and (ANY ONE OF) Decreased LOC, paralysis, seizures, apnea.

- Administer:
  - 1. Three (3) doses Atropine 2mg IV/IM or autoinjectors. If bronchial secretions persist, continue Atropine 2mg IV/IM every 5 minutes as needed until secretions clear.
  - 2. Three (3) doses Pralidoxime 600mg IM or autoinjectors OR three (3) Obidoxime 150mg IM or autoinjectors.
  - 3. One (1) Diazepam 10mg IM or autoinjector.

#### **NOTES:**

- 1. Patients receiving treatment should also receive oxygen and be on a cardiac monitor if available.
- 2. Only Advanced Care Paramedics may administer intravenous medications.
- 3. ABC's must also be secured as appropriate in an MCI/contaminated environment. Atropine should be administered prior to airway interventions if secretions are copious.
- 4. Decontamination procedures must be integrated with antidote administration.
- 5. Personal Protective Equipment must be worn at all times.
  - 6. Drugs may be given IV but do not delay IM administration if IV access is not already established.

## PEDIATRIC ADMINISTRATION OF ATROPINE, EITHER PRALIDOXIME CHLORIDE (2 PAM) OR OBIDOXIME AND DIAZEPAM FOR NERVE AGENT EXPOSURE MEDICAL DIRECTIVE

When the listed indication and conditions exist, a paramedic is authorized to administer Atropine, either Pralidoxime or Obidoxime and Diazepam to a victim of nerve agent (or organophosphate) exposure. The paramedic will comply with local BHP patching protocols.

#### **INDICATIONS:**

Patient was exposed to known or suspected nerve agent.

#### **CONDITIONS:**

- 1. <40 kg
- 2. The patient is exhibiting signs and symptoms of a cholinergic crisis.

#### **PROCEDURE:**

#### Mild Exposure:

Signs: anxiety about being exposed, may see miosis, rhinorrhea.

- 1. Remove patient from area of exposure.
- 2. Remove all contaminated clothing.

#### **Moderate/Severe Exposure:**

Signs: (ANY ONE OF) vomiting, diarrhea, bronchospasm or bronchial secretions, shortness of breath, decreased LOC, paralysis, seizures, apnea, any known liquid exposure.

■ Administer:

For patients <10kg:

- 1. Atropine 0.5 mg IM, repeat IV/IM every 5 minutes as needed until symptoms improve.
- 2. Diazepam 2mg IV/IM.

3. Pralidoxime 15mg/Kg IV/IM every 1 hour maximum 600mg/single dose, total maximum dose 1200mg OR Obidoxime 8mg/Kg maximum 320mg total dose.

For patients from 10kg to 39kg:

- 1. Atropine 1 mg IM, repeat IV/IM every 5 minutes as needed until symptoms improve.
- 2. Diazepam 0.2 mg/kg IV/IM.
- 3. Pralidoxime 15mg/Kg IV/IM every 1 hour maximum 600mg/single dose, total maximum dose 1200mg OR Obidoxime 8mg/Kg maximum 320mg total dose.

#### **NOTES:**

- 1. Patients receiving treatment should also receive oxygen and be on a cardiac monitor if available.
- 2. Only Advanced Care Paramedics may administer intravenous medications.
- 3. ABC's must also be secured as appropriate in an MCI/contaminated environment. Atropine should be administered prior to airway interventions if secretions are copious.
- 4. Decontamination procedures must be integrated with antidote administration.
- 5. Personal Protective Equipment must be worn at all times.
- 6. Drugs may given IV but do not delay IM administration if IV access is not already established.

#### ADMINISTRATION OF ANTIDOTES FOR CYANIDE EXPOSURE MEDICAL DIRECTIVE

When the listed indication and condition exist, a paramedic is authorized to administer antidotes to victims of Cyanide exposure according to the following protocol. The paramedic will comply with local BHP patching protocols.

#### **INDICATIONS:**

Patient was exposed to vapour, liquid or solid, suspected to contain cyanide.

#### **CONDITIONS:**

Patient is exhibiting signs and symptoms of cyanide poisoning.

#### **PROCEDURE:**

- 1. Remove patient from further exposure and remove clothes.
- 2. Assess vital signs, GCS.
- 3. Ensure airway, administer oxygen and apply cardiac and oxygen saturation monitors as possible.
- 4. If GCS 15 and patient is asymptomatic, decontaminate and transport to hospital.
- 5. If GCS <15 administer:
  - a) Sodium Thiosulfate 12.5 gm (50 ml of 25% solution) IV
     (Pediatric dose = 1.65 ml/kg to max 50 ml).

OR

- b) CYANOKIT (hydroxocobalamin) 5.0 g by rapid IV infusion over 30 minutes
   (Pediatric dose = 70 mg/kg)
- 6. Initiate treatment and continue while transport to hospital.

#### SYMPTOMATIC RIOT AGENT EXPOSURE MEDICAL DIRECTIVE

When the listed indication and condition exist, a paramedic is authorized to administer therapy to victims of Riot Agent exposure according to the following protocol. The paramedic will comply with local BHP patching protocols.

#### **INDICATIONS:**

Exposure to a known or suspected riot agent.

#### **CONDITIONS:**

Signs and symptoms of riot agent exposure.

#### **CONTRAINDICATIONS:**

Topical anaesthetic eye drops (see Procedure, point #5a) are contraindicated if the patient is allergic to anaesthetics.

#### **PROCEDURE:**

- 1. Remove patient from further exposure, and decontaminate.
- 2. Assess vital signs, with careful focus on bronchoconstriction.
- 3. Assess visual acuity by the ability to see light and count fingers at 1 foot. Consider removing contact lenses.
- 4. For dyspnea see Bronchoconstriction Medical Directive.
- 5. For eye discomfort, irrigate thoroughly with copious amounts of normal saline.
  - a) Administer 2 drops of topical anaesthetic eye drops in each eye, repeat every 10 minutes as needed.
  - b) Monitor the patient for 20 minutes after the last dose.

#### **NOTES:**

- 1. If a patient is experiencing significant respiratory distress or eye irritation, immediately advise the patient of the need for transport to hospital. Transport should be initiated as soon as possible.
- 2. MDIs are intended for single patient use only. If an MDI is used to treat more than one patient, cross contamination may occur regardless of whether or not an aerochamber or spacer is used. The MDI should be safely discarded once the patient has completed treatment.
- 3. The eye drop bottle is designed for multiple patient use. Do not allow the bottle's administration nozzle to make contact with the patient. If the administration nozzle does make contact with the patient, the bottle is considered contaminated and must be discarded appropriately.
- 4. Under no circumstances should the MDI or eye drop bottle be given to a patient.
- 5. Advise patient to refrain from rubbing eyes, whether or not anaesthetic drops are used.
- 6. Have the patient remove their contact lenses. Help if necessary.
- 7. If a patient with dyspnea or eye irritation *caused by a riot control agent* refuses EMS transport to hospital, advise:

CONTINUED EXPOSURE MAY LEAD TO FURTHER PROBLEMS. RELIEF FROM TREATMENT SO FAR MAY BE TEMPORARY. IF PROBLEMS RECUR OR PERSIST, CONSULT A PHYSICIAN AS SOON AS POSSIBL

# Appendix 6

### **Certification Standard**

Version 2.0

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#### **Certification Standard**

#### Preamble:

All Paramedics shall obtain and maintain the qualifications required by the *Ambulance Act*. This document sets out the requirements and processes related to Certification.

#### **DEFINITIONS**

Terms defined in the *Ambulance Act* and Ontario Regulation 257/00 shall have the same meaning in this Certification Standard and the following terms have the following meanings:

#### "Authorization"

means written approval to perform Controlled Acts and other advanced medical procedures requiring medical oversight of a Medical Director;

#### "Business Day"

means any working day, Monday to Friday inclusive, excluding statutory and other holidays, namely: New Year's Day; Family Day; Good Friday; Easter Monday; Victoria Day; Canada Day; Civic Holiday; Labour Day; Thanksgiving Day; Remembrance Day; Christmas Day; Boxing Day and any other day on which the Province has elected to be closed for business;

#### "Certification"

means the process by which Paramedics receive Authorization from a Medical Director to perform Controlled Acts and other advanced medical procedures in accordance with the ALS PCS;

#### "Continuing Medical Education (CME)"

means a medical education program and confirmation of its successful completion as approved by the Regional Base Hospital Program (RBHP);

#### "Consolidation"

means the process by which a condition is placed on a Paramedic's Certification restricting his or her practice to working with another Paramedic with the same or higher level of qualification (*i.e.* Certification);

#### "Controlled Act"

means a Controlled Act as set out in subsection 27(2) of the Regulated Health Professions Act, 1991;

#### "Critical Omission or Commission"

means the performance of a Controlled Act or other advanced medical procedure listed in the ALS PCS that a Paramedic is not authorized to perform; or an action or lack of action, including the performance of a Controlled Act or other advanced medical procedure listed in the ALS PCS, by the Paramedic that

has negatively affected or has the potential to negatively affect patient morbidity or mortality, with a potentially life, limb or function threatening outcome;

## "Deactivation"

means the temporary revocation, by the Medical Director, of a Paramedic's Certification;

#### "Decertification"

means the revocation, by the Medical Director, of a Paramedic's Certification;

#### "Director"

means a person who holds that position within the Emergency Health Services Branch (EHSB) of the Ministry of Health and Long-Term Care (MOHLTC);

# "Employer"

means an ambulance service operator certified to provide ambulance services as defined in the *Ambulance Act*;

# "Major Omission or Commission"

means an action or lack of action, including the performance of a Controlled Act or other advanced medical procedure listed in the ALS PCS, by the Paramedic that has negatively affected or has the potential to negatively affect patient morbidity without a potentially life, limb or function threatening outcome;

# "Medical Director"

means a physician designated by a Regional Base Hospital as the Medical Director of the RBHP;

## "Minor Omission or Commission"

means an action or lack of action, including the performance of a Controlled Act or other advanced medical procedure listed in the ALS PCS, by the Paramedic that may have negatively affected patient care in a way that would delay care to the patient or lengthen the patient's recovery period, but has not negatively affected patient morbidity;

# "Ontario Base Hospital Group (OBHG) Executive"

means a provincial body comprised of representatives from RBHPs as defined in the Terms of Reference for OBHG Executive and approved by the MOHLTC;

#### "Paramedic"

means a paramedic as defined in subsection 1(1) of the *Ambulance Act*, and for purposes of this Standard a reference to the term includes a person who is seeking Certification as a Paramedic, where applicable;

## "Paramedic Practice Review Committee (PPRC)"

is a committee that performs an independent, external advisory role, providing information and expert opinion to the Medical Director on issues related to Paramedic practice when the Medical Director is considering Decertification of a Paramedic;

## "Patient Care Concern"

means a Critical Omission or Commission, Major Omission or Commission, or Minor Omission or Commission;

#### "Reactivation"

means the reinstatement of a Paramedic's Certification after a period of Deactivation;

# "Regional Base Hospital (RBH)"

means a base hospital as defined in subsection 1(1) of the *Ambulance Act*, and provides an RBHP pursuant to an agreement entered into with the MOHLTC;

# "Regional Base Hospital Program (RBHP)"

means a base hospital program as defined in subsection 1(1) of the Ambulance Act;

#### "Remediation"

means a customized plan by the RBHP to address a Patient Care Concern or to address any concerns identified during Certification, including a failure to meet a requirement for the maintenance of Certification;

## "Senior Field Manager"

means a person who holds that position within the EHSB of the MOHLTC, and for the purposes of this Standard a reference to the term means the relevant Senior Field Manager responsible for the applicable RBHP.

#### **PROCESSES**

## Certification

A Medical Director may certify a Paramedic to perform Controlled Acts and other advanced medical procedures listed in the ALS PCS. A Medical Director may stipulate other requirements relating to Paramedic Certification. The Medical Director shall communicate such requirements to the Paramedic and the Employer in writing. The Medical Director shall notify the Paramedic and Employer within three (3) Business Days of the decision with respect to Certification as to whether the Paramedic was successful or not in attaining his or her Certification.

#### **Consolidation**

The Medical Director shall require Consolidation on all new Certifications<sup>1</sup>. A Medical Director may require Consolidation with respect to a Paramedic's Certification where the Paramedic is returning to practice, a Patient Care Concern has been identified in respect of the Paramedic, or as identified in the Paramedic's customized plan for Remediation. Consolidation provides for the opportunity to acquire more skills and confidence while ensuring that a support mechanism is in place for the Paramedic. The Medical Director shall determine the requirements for the Consolidation, which include the presence of another Paramedic, the level of qualification of that other Paramedic, and the restrictions of the Paramedic's practice in relation to the presence of that other Paramedic. The Medical Director, in consultation with the Employer, shall determine the duration for the Consolidation. However, the duration for Consolidation on all new Certifications shall be a minimum of 36 hours for a PCP and a minimum of 168 hours for an ACP or CCP. The Medical Director shall provide notice of Consolidation and the requirements thereof in writing to the Paramedic and Employer within two (2) Business Days. Any changes to the Consolidation by the Medical Director shall be communicated to the Paramedic and Employer immediately and any changes to the requirements thereof shall be provided in writing as soon as possible.

#### Responding to a Patient Care Concern

The RBHP shall assess all matters regarding patient care to determine whether or not there is a Patient Care Concern and the Employer shall assist where required. Where a matter regarding patient care is identified by the Employer that may be a Patient Care Concern, the Employer shall notify the RBHP as soon as possible.

Where the Patient Care Concern is a Minor Omission or Commission the RBHP shall notify the Paramedic and Employer by aggregate reports provided semi-annually. Where the Patient Care Concern is a Major Omission or Commission, a Critical Omission or Commission, or a repetition of Minor Omissions or Commissions the RBHP shall immediately notify the Paramedic and Employer of the Patient Care Concern and provide notice in writing as soon as possible. The notice in writing shall indicate that the Patient Care Concern is being considered to determine whether the Paramedic will be subject to Remediation, Deactivation or Decertification.

<sup>&</sup>lt;sup>1</sup> See New Certification process

## Remediation

A Medical Director may require the Paramedic to receive Remediation. The customized plan in the Remediation shall identify the concern, the remedial action to be followed, and the objectives to be achieved. The plan shall include a specific timeframe in which the Paramedic must successfully complete the Remediation. The RBHP shall develop the plan, in consultation with the Employer as necessary, as soon as possible. Once developed, the RBHP shall provide the written plan to the Paramedic and Employer. Any changes to the plan by the RBHP shall be communicated to the Paramedic and Employer immediately and the updated written plan shall be provided as soon as possible. The Medical Director shall notify the Paramedic and Employer in writing within three (3) Business Days of the successful completion of the Remediation.

#### Deactivation

A Medical Director may deactivate a Paramedic's Certification for which the Paramedic has received Authorization.

Deactivation may occur as a result of:

- 1. a Patient Care Concern;
- 2. failure to respond to the RBHP's requests for feedback or interviews regarding a Critical Omission or Commission, Major Omission or Commission or Minor Omission or Commission within a reasonable period of time as specified by the RBHP;
- 3. failure to successfully complete Remediation;
- 4. misconduct related to Certification (e.g. falsification of documentation, failure to disclose previous Deactivations and Decertifications, including practice in other jurisdictions);
- 5. repeated Deactivations in similar clinical areas; or
- 6. failure to meet the requirements for maintenance of Certification.

The Medical Director shall immediately notify the Paramedic, Employer, the Senior Field Manager and all other RBHPs of a Deactivation. The Medical Director shall provide a brief written reason for the Deactivation to the Paramedic, Employer, the Senior Field Manager and all other RHBPs as soon as possible.

Following a Deactivation, the Medical Director shall determine whether the requirements for Remediation or the requirements for maintenance of Certification have been met, as the case may be, at which time the Medical Director shall either proceed with Reactivation or Decertification. The Remediation and Reactivation process shall be completed as soon as possible; however it shall not exceed ninety (90) consecutive days in length. Where the Medical Director has proceeded with Reactivation, the Medical Director shall immediately notify the Paramedic, Employer, the Senior Field Manager, and all other RBHPs of the Reactivation.

# Decertification

A Medical Director shall revoke a Paramedic's Certification where that person is no longer employed or retained as a volunteer by an Employer and that person shall be deemed to have undergone Decertification and the PPRC process does not apply. In all other circumstances, a Medical Director shall not proceed with a Decertification unless: (i) a PPRC has been convened and has provided its written recommendations to the Medical Director and the Paramedic; or (ii) the Paramedic has waived the PPRC process in writing.

The Medical Director shall immediately notify the Paramedic, Employer, the Senior Field Manager and all other RBHPs of his or her decision to either proceed with Reactivation or Decertification of the Paramedic. Where the Medical Director proceeds with Decertification, he or she shall provide a written explanation to the Paramedic, outlining the reasons for Decertification. The Medical Director shall provide a brief written explanation confirming the reason for the Decertification to the Employer, the Senior Field Manager and all other RHBPs as soon as possible.

## **NEW CERTIFICATION**

The following requirements apply with respect to Paramedics who are seeking Certification from an RBHP and who are not currently certified at that level by another RBHP, including Paramedics who have been previously certified in Ontario.

- 1. The Paramedic shall be employed or retained by an Employer.
- 2. The Paramedic shall complete a form provided by the RBHP that includes the following:
  - a. a list of all RBHPs or other certifying bodies under which the Paramedic has previously received Certification within the ten (10) year period immediately preceding the application;
  - a declaration of the dates of all previous Deactivations and/or Decertifications that have previously occurred at all other RBHPs or other certifying bodies<sup>2</sup> within the ten (10) year period immediately preceding the application; and
  - c. written permission for the prospective RBHP to obtain information in writing from other employers, other physicians, other programs, etc. regarding the Paramedic's previous practice.
- 3. The Paramedic shall successfully complete an evaluation by the RBHP and any orientation and training required by the RBHP. The evaluation may include:
  - a. an assessment of knowledge and skills;
  - b. a scenario evaluation; and
  - c. an oral interview or clinical evaluation with the Medical Director or designate.

Upon meeting the above requirements, for new Certification, the Medical Director shall certify the Paramedic and require a condition of Consolidation on the Paramedic's Certification.

<sup>&</sup>lt;sup>2</sup> Or a declaration of dates when certification was denied, revoked, suspended or under review as other certifying bodies may not use the terms Deactivation and Decertification

#### **CROSS CERTIFICATION**

The following requirements apply with respect to Paramedics who are already certified and who are seeking Certification by a Medical Director in another RBHP.

- 1. The Paramedic shall be employed or retained by an Employer within the specified catchment area.
- 2. The Paramedic shall complete a form provided by the RBHP that includes the following:
  - a. a list of all RBHPs under which the Paramedic has received Certification within the ten (10) year period immediately preceding the application;
  - b. a declaration of the dates of all previous Deactivations and/or Decertifications that have occurred within the ten (10) year period immediately preceding the application;
  - c. status of all current Certifications from all RBHPs; and
  - d. written permission for the prospective RBHP to obtain information in writing from other physicians, other programs, etc. regarding the Paramedic's previous practice.
- 3. The Paramedic shall successfully complete an evaluation by the RBHP and any orientation and training required by the RBHP. The evaluation may include:
  - a. an assessment of knowledge and skills;
  - b. scenario evaluation; and
  - c. oral interview or clinical evaluation with the Medical Director or designate.

Upon meeting the above requirements for Cross Certification, the Medical Director shall certify the Paramedic.

#### **MAINTENANCE OF CERTIFICATION**

The following requirements apply with respect to Paramedics regarding the maintenance of Certification.

- The Paramedic shall demonstrate competency in the performance of Controlled Acts and other advanced medical procedures, compliance with the ALS PCS, and the provision of patient care at the Paramedic's level of Certification. Competency and compliance shall be determined by the Medical Director and may include chart audits, field evaluations, and RBHP patch communication review.
- 2. The Paramedic shall not have an absence from providing patient care that exceeds ninety (90) consecutive days.
- 3. The Paramedic shall either,
  - a. provide patient care to a minimum of ten (10) patients per year whose care requires assessment and management at the Paramedic's level of Certification, or
  - b. where a Paramedic is unable to assess and manage the minimum of ten (10) patients per year, demonstrate alternate experience, as approved by the Medical Director, that may involve one or more of the following:
    - i. other patient care activities;
    - ii. additional CME;
    - iii. simulated patient encounters; and
    - iv. clinical placements.

- 4. The Paramedic shall complete at least one evaluation per year at the appropriate level of Certification, which may include: an assessment of knowledge and evaluation of skills; scenarios; and on-line learning and evaluation.
- 5. The Paramedic shall complete a minimum of CME hours per year as follows: eight (8) hours for PCPs, twelve (12) hours for PCP Flight, twenty-four (24) hours for ACPs<sup>3</sup>, and seventy-two (72) hours for ACP Flight and CCP. CME hours include hours completed as part of an evaluation required by paragraph 4.

Upon meeting the above requirements for maintenance of Certification, the Medical Director shall certify the Paramedic.

# PARAMEDIC PRACTICE REVIEW COMMITTEE (PPRC)

The PPRC is convened by another RBHP through the OBHG Executive Chair to perform an independent, external advisory role, providing information and expert opinion to the affected Medical Director on issues related to Paramedic practice when a Medical Director is considering Decertification of a Paramedic following Deactivation. When the RBHP is engaged for the purposes of a PPRC process the RBHP is termed the "host RBHP". The parties to the PPRC process are the affected Medical Director and the Paramedic who is subject of the consideration of Decertification.

## Membership

The members of the PPRC shall be:

- the host RBHP Manager/Director, who will act as Chair;
- host Medical Director; and
- two (2) Peer Paramedics.

Selection of Peer Paramedics: One (1) peer Paramedic shall be selected by the host RBHP and one (1) peer Paramedic by the affected Paramedic from a pre-identified group of eligible Paramedics. All members of this group shall:

- hold Certification from the host RBHP for the preceding twelve (12) months at the same level or higher as the Paramedic who is subject of the consideration of Decertification; and
- not have any operational relationship or personal relationship with the affected RBHP, Medical Director, or the Paramedic;

Confidentiality: All members of the PPRC shall keep confidential all information obtained during the PPRC process.

<sup>&</sup>lt;sup>3</sup> With respect to an ACP whose Certification has been for a period of less than a year and who has completed a minimum of eight (8) hours of CME, the Medical Director shall proportionally adjust the remaining required CME hours.

# **Recommendations**

The PPRC shall provide written recommendations, including supporting rationale, to the Medical Director regarding the consideration to decertify a Paramedic. The recommendation of the PPRC shall be made by consensus. The recommendation rendered by the PPRC is not subject to appeal or other challenge, and is not binding on the affected Medical Director. The affected Medical Director is responsible for making the final decision with respect to the Decertification of the affected Paramedic.

## **PPRC Process**

- 1. The affected Medical Director shall notify the OBHG Executive Chair that a PPRC is required regarding a consideration to proceed with the Decertification of a Paramedic.
- 2. If the OBHG Executive Chair is employed by the affected RBHP, he/she shall send the request to the OBHG Executive Vice Chair. (All subsequent references to the "OBHG Executive Chair" shall be references to the OBHG Executive Vice Chair, as applicable.)
- 3. The OBHG Executive Chair shall ensure that the PPRC adheres to all established times lines in the process by communicating directly with the PPRC Chair.
- 4. The OBHG Executive Chair shall select an appropriate host RBHP.
- 5. The OBHG Executive Chair shall provide notice to the affected Medical Director and Paramedic, in a format set out in *Appendix A*, that a PPRC has been convened to review the case.
- 6. The affected Medical Director and Paramedic shall provide any written submissions to the OBHG Executive Chair within fifteen (15) Business Days of receiving notice that a PPRC has been convened.
- 7. Submissions shall be sent via courier requiring signature of receipt, registered mail, fax (with confirmation) or email (with confirmation).
- 8. The OBHG Executive Chair shall provide a copy of each party's submission to the other party within five (5) Business Days.
- 9. Both parties shall have the opportunity to respond to the original submissions within fifteen (15) Business Days of their receipt.
- 10. The OBHG Executive Chair shall provide a copy of all submissions to the affected Paramedic, Medical Director and four (4) copies to the PPRC Chair.
- 11. The PPRC Chair shall provide copies of the submissions to the other members of the PPRC.
- 12. The PPRC shall not begin its review until receipt of all submissions.
- 13. If clarification of an issue or information regarding applicable standards or legislation is required, the PPRC Chair shall request the clarification or information in writing from the relevant party. The response to the request shall be provided to the PPRC Chair and the other party in writing, within ten (10) Business Days of the request.
- 14. The PPRC Chair shall provide a copy of the response to OBHG Executive Chair.
- 15. The PPRC shall review the submissions and any responses within fifteen (15) Business Days from receipt of the full submission. If an extension is required the request will be made to the OBHG Executive Chair. The PPRC will render a written recommendation containing the supporting rationale, within ten (10) Business Days of the final review meeting and submit it to the OBHG Executive Chair.
- 16. The OBHG Executive Chair shall send a copy of the final recommendation to both parties.

#### **APPENDIX A**

#### PARAMEDIC PRACTICE REVIEW COMMITTEE LETTER

<<Date>>

A Paramedic Practice Review Committee (PPRC) has been convened to review <<br/>brief details of case/incident>>.

The PPRC is convened by another RBHP through the OBHG Executive Chair to perform an independent, external advisory role, providing information and expert opinion to the affected Medical Director on issues related to Paramedic practice when a Medical Director is considering Decertification of a Paramedic following Deactivation. When the RBHP is engaged for the purposes of a PPRC process the RBHP is termed the "host RBHP". The affected Medical Director shall not proceed with Decertification unless a PPRC has been convened and has provided its written recommendations to the affected Medical Director and the Paramedic.

#### **Recommendations**

The PPRC shall provide written recommendations, including supporting rationale, to the Medical Director regarding the consideration to decertify a Paramedic. The recommendation of the PPRC shall be made by consensus. The recommendation rendered by the PPRC is not subject to appeal or other challenge, and is not binding on the affected Medical Director. The affected Medical Director is responsible for making the final decision with respect to the Decertification of the affected Paramedic.

#### Membership

<<Medical Director>> <<Regional Base Hospital Program Manager/Director>>

<<Peer Paramedic>> <<Peer Paramedic>>

#### **Process:**

- The affected Medical Director shall notify the OBHG Executive Chair that a PPRC is required regarding a consideration to proceed with the Decertification of a Paramedic.
- The OBHG Executive Chair shall select an appropriate host RBHP and provide notice to both parties that a PPRC has been convened to review the case.
- Both parties shall provide any written submissions to the OBHG Executive Chair within fifteen (15) Business Days of receiving notice that a PPRC has been convened.
- The OBHG Executive Chair shall provide a copy of each party's submission to the other party within five (5) Business Days and both parties shall have the opportunity to respond to the original submissions within fifteen (15) Business Days of their receipt.
- The OBHG Executive Chair shall provide a copy of all submissions to both parties and four (4) copies to the PPRC Chair to distribute to the other members of the PPRC. The PPRC shall begin its review once all submissions are received.
- If clarification of an issue or information regarding applicable standards or legislation is required, the PPRC Chair shall request the clarification or information in writing from the relevant party. The response to the request shall be provided to the PPRC Chair and the other party in writing, within ten (10) Business Days of the request.
- The PPRC shall review the submissions and any responses within fifteen (15) Business Days from receipt of the full submission. If an extension is required the request will be made to the OBHG Executive Chair.
- The PPRC will render a written recommendation containing the supporting rationale, within ten (10) Business Days of the final review meeting and submit it to the OBHG Executive Chair.
- The OBHG Executive Chair shall send a copy of the final recommendation to both parties.

